

# Lesson 1

## Organic vs. Inorganic Molecules

# **BIOCHEMISTRY – Organic Compounds**

- What do all cells need to survive?

**NUTRIENTS**

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- Why do our cells need nutrients?

- **To maintain homeostasis**
- 

**Synthesis (building molecules)**

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**To repair themselves**

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**For ENERGY**

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**Chemical reactions**

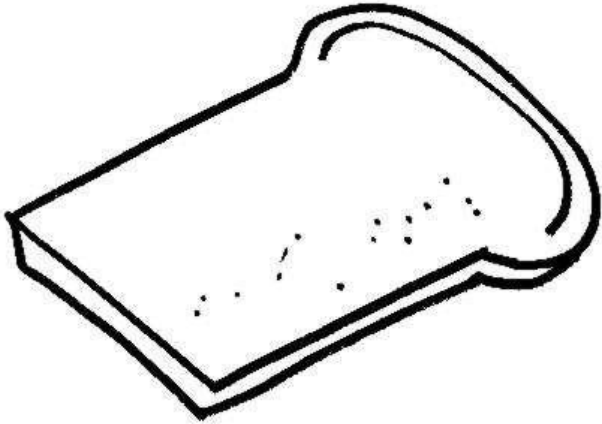
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**Fighting infections**

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# 3 Types of Complex Nutrients

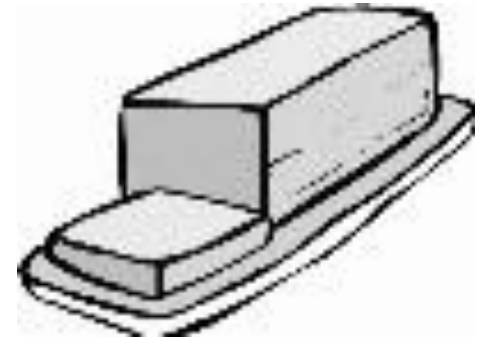
Carbohydrates  
(Starch)



Protein



Lipids  
(fats)

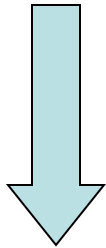
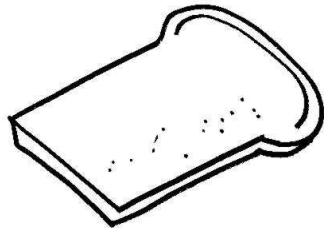


How can these nutrients get into the cell if they are **too large** to pass through the cell membrane?

they must be **digested** into **smaller** building blocks

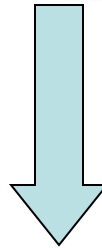
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Carbohydrates (Starch)



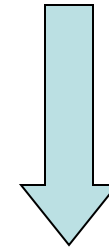
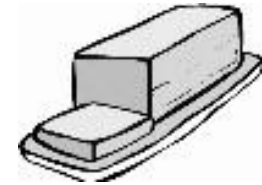
simple sugars  
(ex. Glucose)

Proteins



amino acids

Lipids

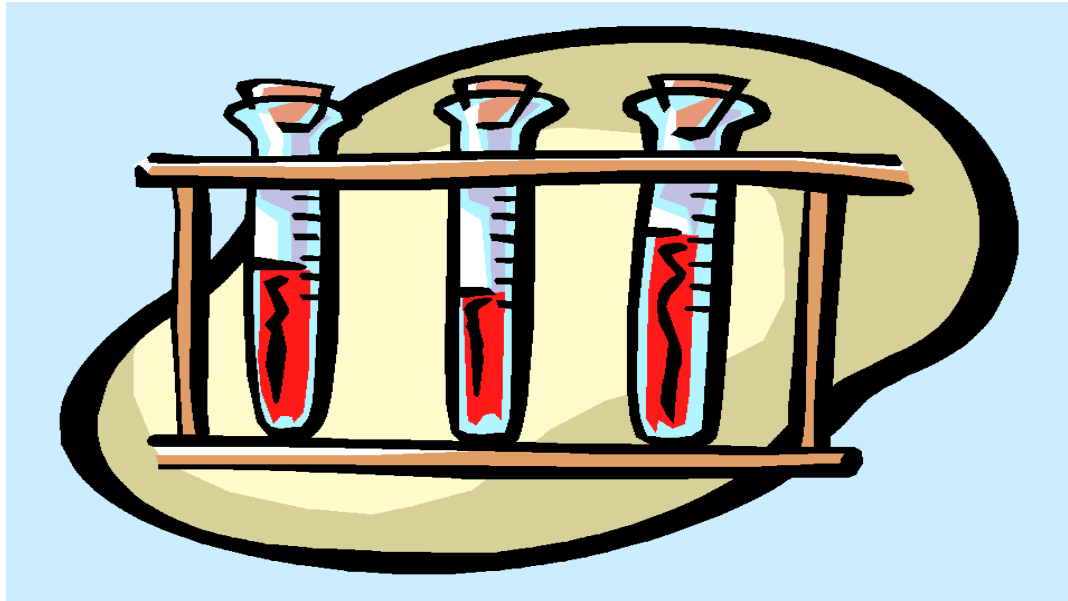


3 fatty acids &  
1 glycerol

# But what is even smaller than these building blocks?

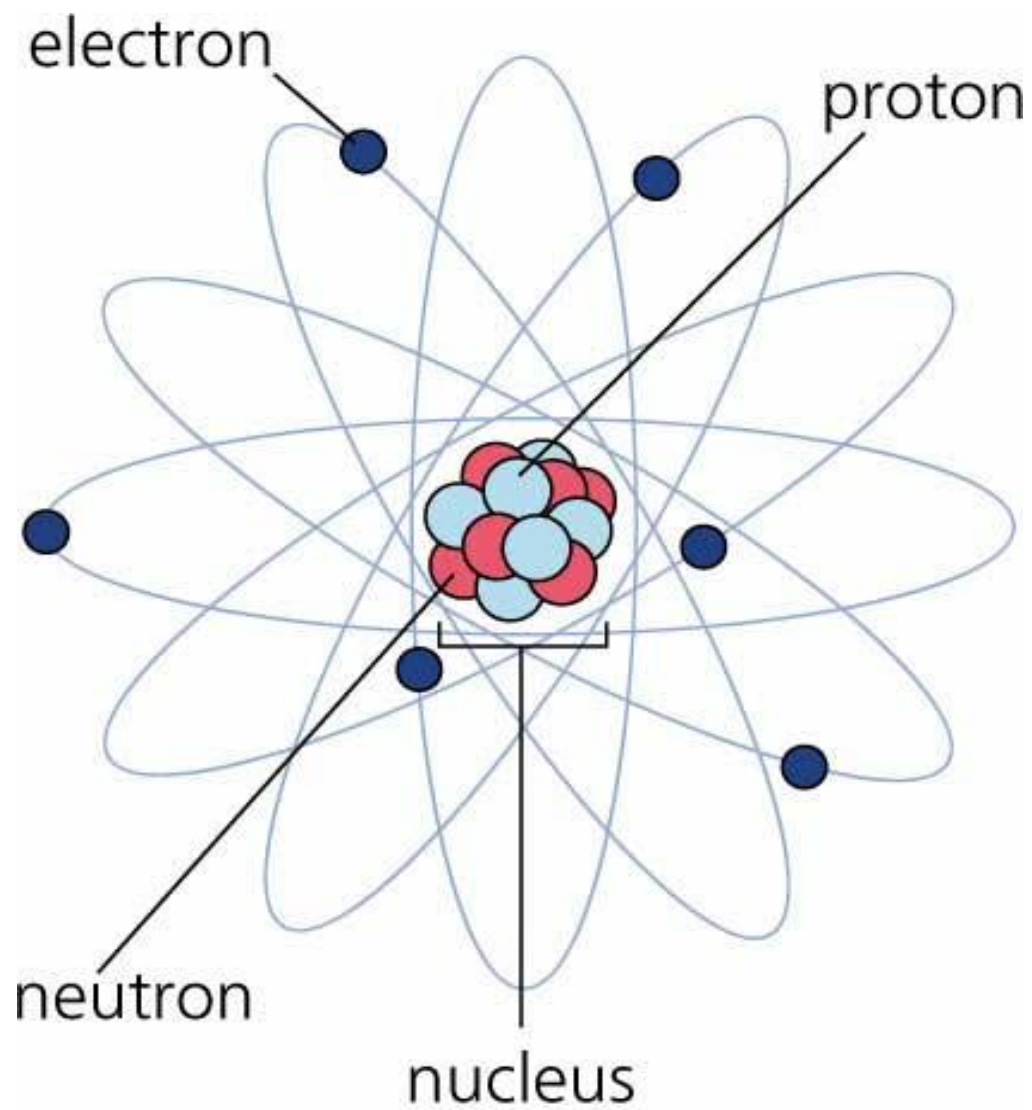
The components of their chemical make up!

- Name as many elements as you can!!!!

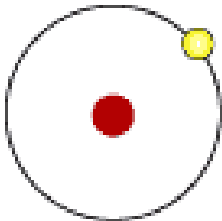


# The Periodic Table

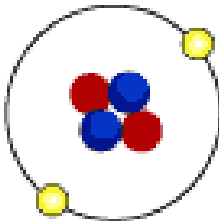
1												18					
1 1 H											1 2 He						
2												13	14	15	16	17	18
2 3 Li	2 4 Be											2 5 B	2 6 C	2 7 N	2 8 O	2 9 F	2 10 Ne
3												13	14	15	16	17	18
3 11 Na	3 12 Mg											3 13 Al	3 14 Si	3 15 P	3 16 S	3 17 Cl	3 18 Ar
4		3	4	5	6	7	8	9	10	11	12						
4 19 K	4 20 Ca	4 21 Sc	4 22 Ti	4 23 V	4 24 Cr	4 25 Mn	4 26 Fe	4 27 Co	4 28 Ni	4 29 Cu	4 30 Zn	4 31 Ga	4 32 Ge	4 33 As	4 34 Se	4 35 Br	4 36 Kr
5																	
5 37 Rb	5 38 Sr	5 39 Y	5 40 Zr	5 41 Nb	5 42 Mo	5 43 Tc	5 44 Ru	5 45 Rh	5 46 Pd	5 47 Ag	5 48 Cd	5 49 In	5 50 Sn	5 51 Sb	5 52 Te	5 53 I	5 54 Xe
6																	
6 55 Cs	6 56 Ba	*	6 72 Hf	6 73 Ta	6 74 W	6 75 Re	6 76 Os	6 77 Ir	6 78 Pt	6 79 Au	6 80 Hg	6 81 Tl	6 82 Pb	6 83 Bi	6 84 Po	6 85 At	6 86 Rn
7																	
7 87 Fr	7 88 Ra	**	7 104 Rf	7 105 Db	7 106 Sg	7 107 Bh	7 108 Hs	7 109 Mt	7 110 Ds	7 111 Rg	7 112 Uub	7 113 Uut	7 114 Uuq	7 115 Uup	-	-	-
* LANTHANIDE SERIES		6 57 La	6 58 Ce	6 59 Pr	6 60 Nd	6 61 Pm	6 62 Sm	6 63 Eu	6 64 Gd	6 65 Tb	6 66 Dy	6 67 Ho	6 68 Er	6 69 Tm	6 70 Yb	6 71 Lu	
** ACTINIDE SERIES		7 89 Ac	7 90 Th	7 91 Pa	7 92 U	7 93 Np	7 94 Pu	7 95 Am	7 96 Cm	7 97 Bk	7 98 Cf	7 99 Es	7 100 Fm	7 101 Md	7 102 No	7 103 Lr	



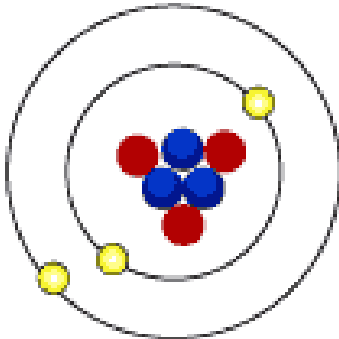
# Isotopes of Hydrogen, Helium, Lithium and Sodium



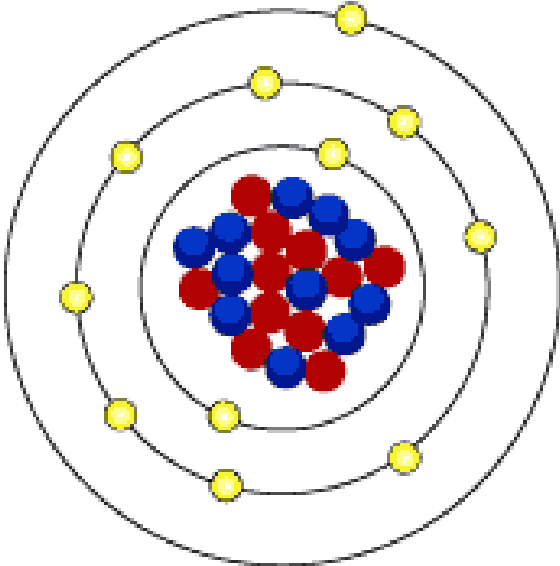
**Hydrogen-1**



**Helium-4**



**Lithium-6**



**Sodium-22**

 **Neutron**

 **Proton**

 **Electron**



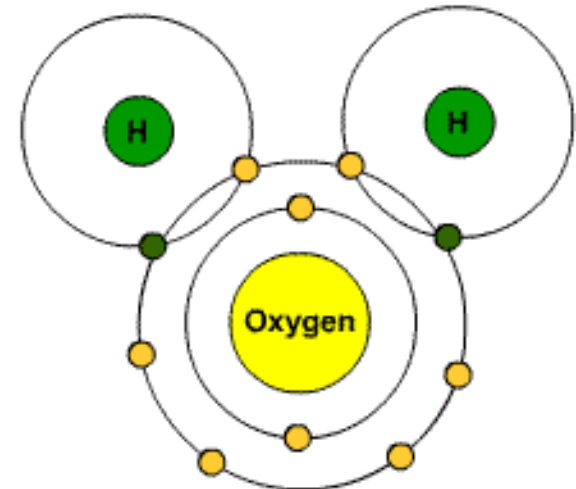
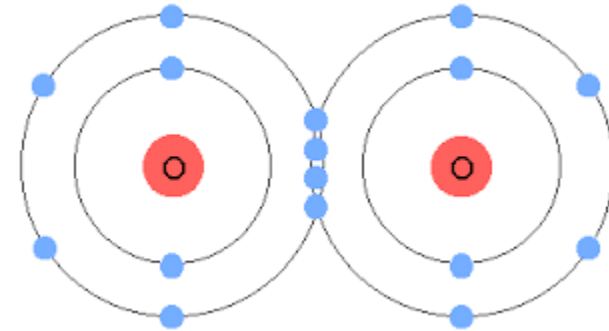
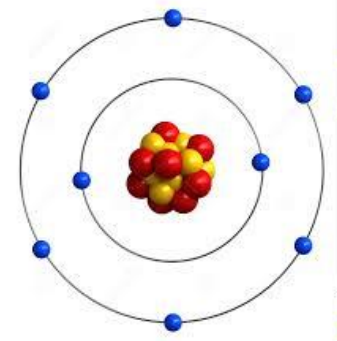


# WHAT COULD A BIOCHEMIST DO?

- Discover how proteins work by determining the 3-D structure
- Develop a vaccine to prevent a flu
- Develop new fuels like ethanol
- Use green fluorescent protein to investigate how cells work
- Research, research, research

# Biochemistry Vocabulary

- Atoms – basic unit of a chemical element; Oxygen (O)
- Molecules – group of atoms bonded together; Oxygen gas (O<sub>2</sub>)
- Compounds – form by combining 2 or more different elements; water (H<sub>2</sub>O)



6 C 12.0107 Carbon	1 H 1.00794 Hydrogen	8 O 15.9994 Oxygen	7 N 14.0067 Nitrogen	15 P 30.973762 Phosphorus	16 S 32.065 Sulfur
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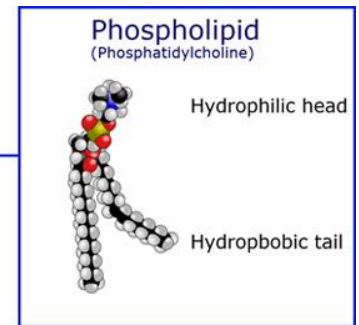
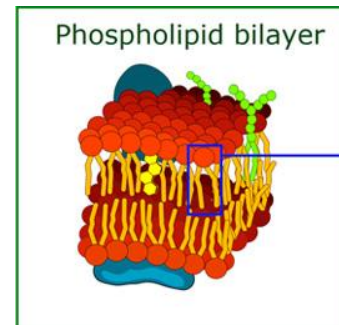
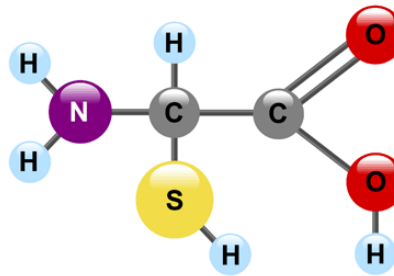
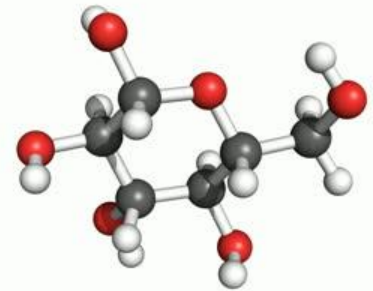
- the most common elements in living things
  - Carbon
  - Hydrogen
  - Oxygen
  - Nitrogen
  - Phosphorous
  - Sulfur
- many others are also required in lesser amounts
  - Ex. Iodine, Sodium, Iron, Calcium, Potassium, etc.

# Compounds in Living Matter

## Organic Compounds

- Have a combination of Carbon (C) & Hydrogen (H)
- Contain high-energy bonds
- 4 major organic compounds:

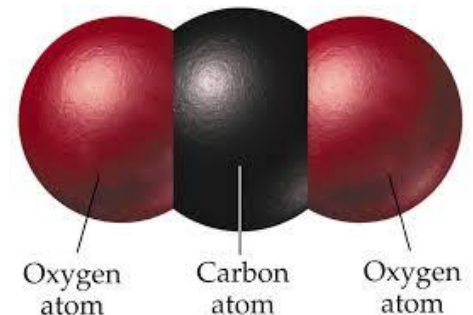
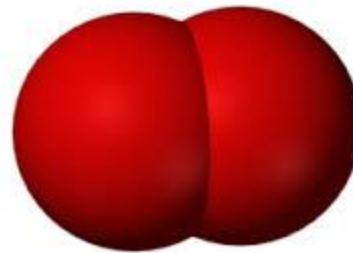
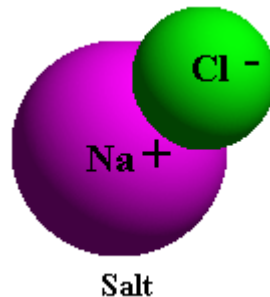
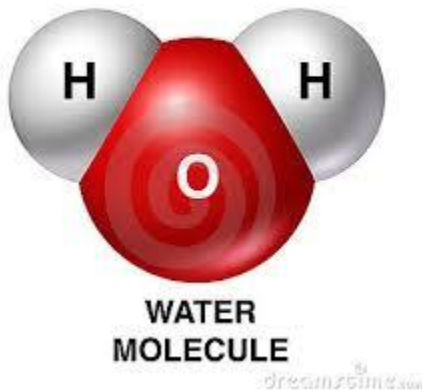
- 1) Carbohydrates
- 2) Lipids
- 3) Proteins
- 4) Nucleic acids



# Compounds in Living Matter

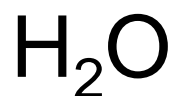
## Inorganic Compounds

- LACK combination of C & H (may have 1 or none)
- Do **NOT** contain high energy bonds
- Ex. Water, salts, oxygen gas, carbon dioxide

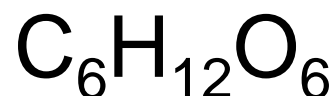


# Organic or Inorganic?

- Identify each compound and determine if it is organic or inorganic



Water  
Inorganic  
Lacks  
Carbon



Glucose  
Organic  
Both C & H

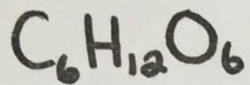


Carbon Dioxide  
Inorganic  
Lacks Hydrogen

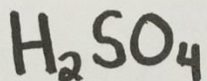


Carbonic Acid  
Organic  
Both C & H

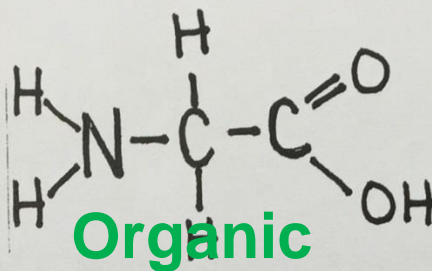
Identify each as Organic or Inorganic



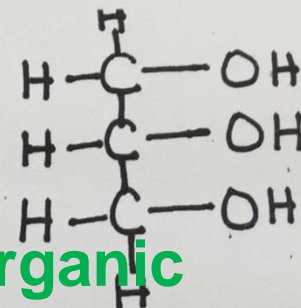
Organic



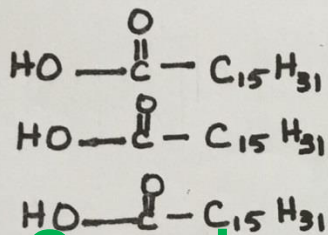
Inorganic



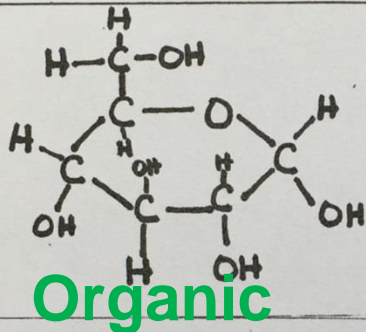
Organic



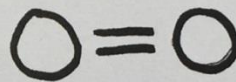
Organic



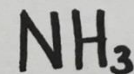
Organic



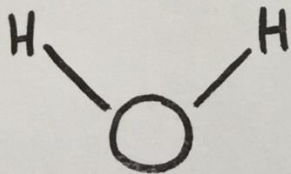
Organic



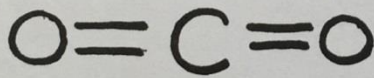
Inorganic



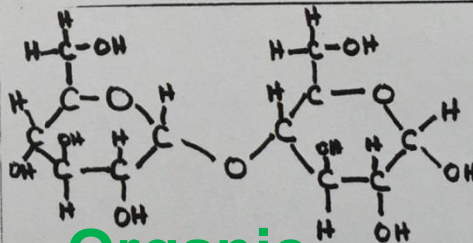
Inorganic



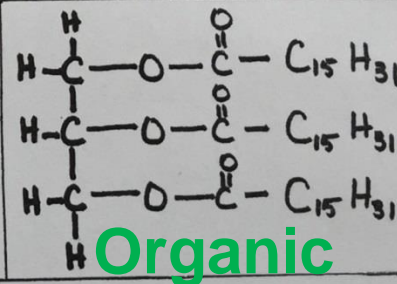
Inorganic



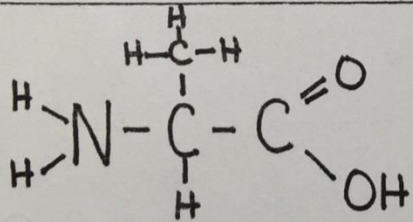
Inorganic



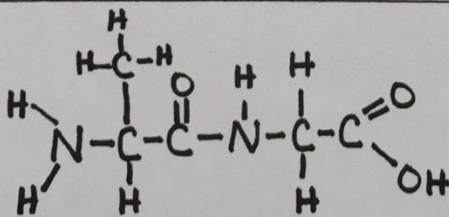
Organic



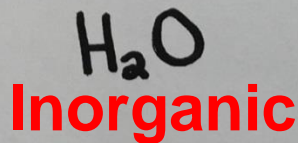
Organic



Organic



Organic



Inorganic



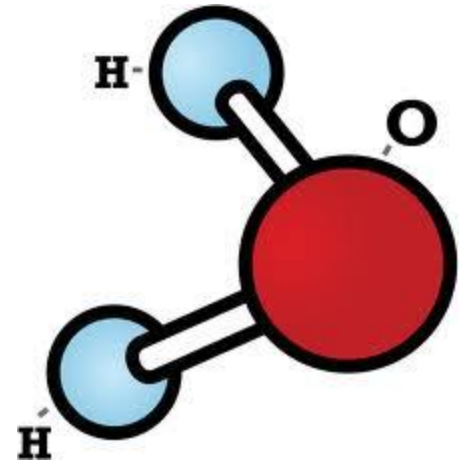
Inorganic



# Lesson 2

- **Properties of Water**  
(during lab period)

# Properties of Water

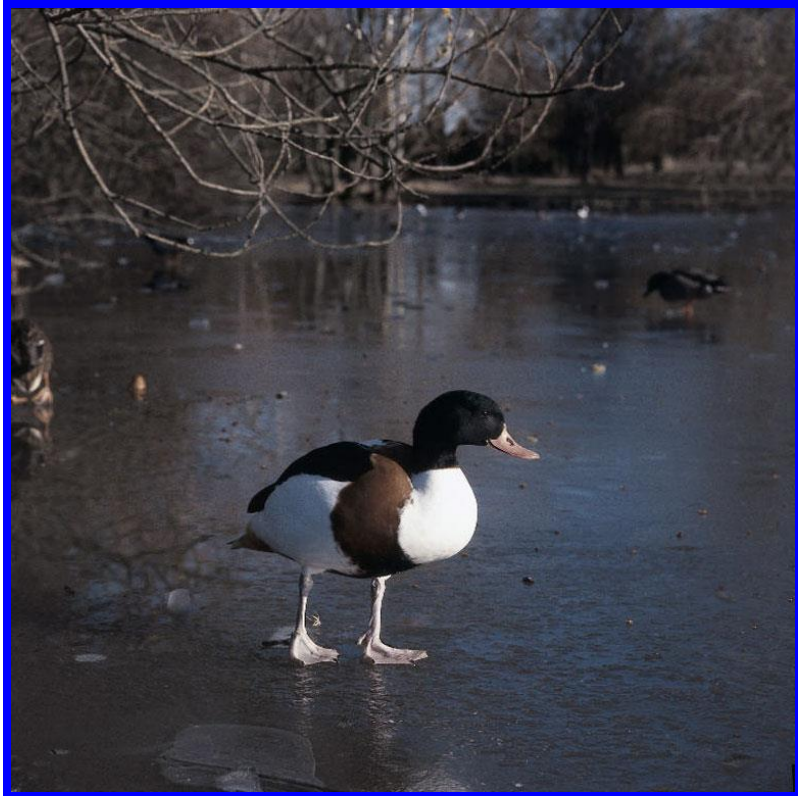


True or False????

- 1) Water contracts when it freezes
- 2) It is possible to walk on water
- 3) Condensation is water coming out of the air
- 4) Water is a basic (alkaline) substance
- 5) Ice sinks because it is very dense
- 6) Water is a compound composed of 3 atoms
- 7) Water is organic
- 8) Water is the most common compound on earth
- 9) Rainwater is the purest form of water
- 10) It takes more energy to heat cold water to boiling, than it does to change boiling water to steam
- 11) Falling raindrops are tear-shaped
- 12) Water Boils and evaporates faster at high altitudes
- 13) Water is the only substance that is found naturally on earth in all 3 states: solid, liquid, gas
- 14) The water we drink cannot be broken down or made. It has stayed the same since the beginning of time and has been used and reused by all organisms

(1) Water contracts (gets smaller) when it freezes.

*False*

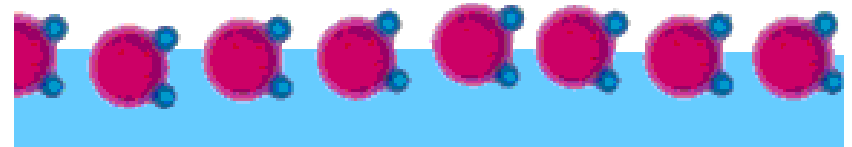


Water expands  
when it freezes!

## (2) It is possible to walk on water

Surface Tension

*TRUE!*



*Hydrogen bonds* form  
between water  
molecules allowing  
“*cohesion*,” causing  
water to have a strong  
“*surface tension*”.



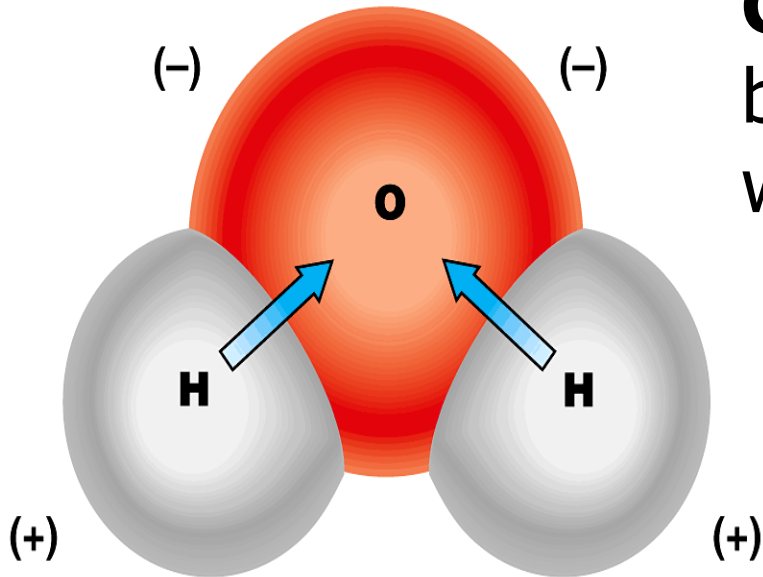
# Cohesion ...



[Basilisk Lizard - YouTube](#)



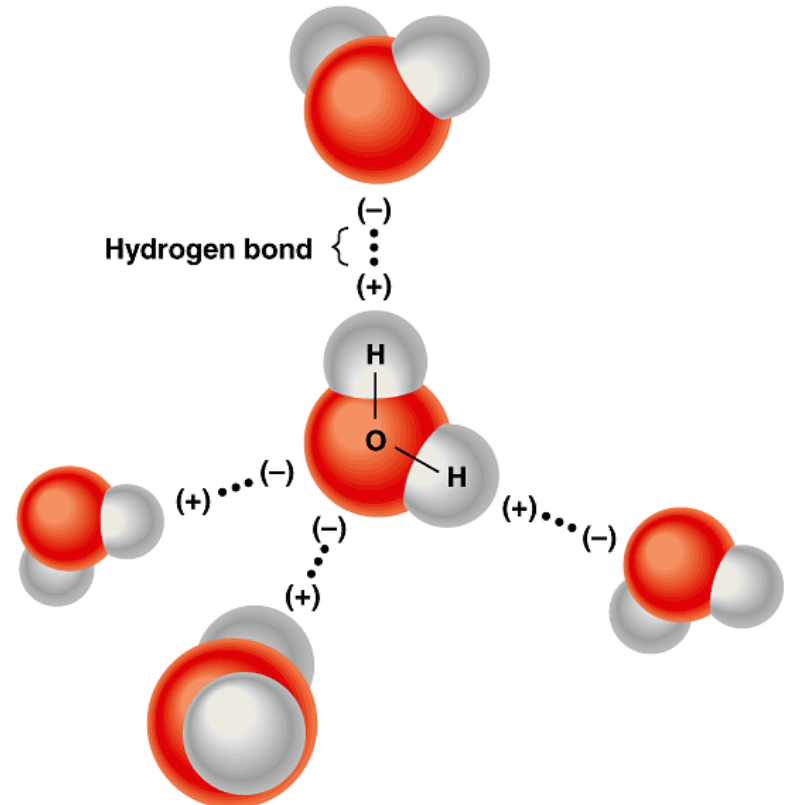
**Covalent Bonds** exist between the atoms within the water molecule



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The **hydrogen** of one water molecule is attracted to the **oxygen** of another water molecule like opposite poles of a magnet are!

Hydrogen Bond



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(3) Condensation is water coming out of the air.

*True*



When water vapor cools it takes up less space and contracts, allowing water molecules to stick to one another forming clouds and precipitation.

## 4) Water is a basic (alkaline) substance

*False*



Pure water has a neutral pH (potential Hydrogen ion concentration)

pH of water = 7



1/10,000,000	14	Liquid drain cleaner, Caustic soda
1/1,000,000	13	bleaches, oven cleaner
1/100,000	12	Soapy water
1/10,000	11	Household Ammonia (11.9)
1/1,000	10	Milk of magnesium (10.5)
1/100	9	Toothpaste (9.9)
1/10	8	Baking soda (8.4), Seawater, Eggs
0	7	“Pure” water (7)
10	6	Urine (6) Milk (6.6)
100	5	Acid rain (5.6) Black coffee (5)
1,000	4	Tomato juice (4.1)
10,000	3	Grapefruit & Orange juice, Soft drink
100,000	2	Lemon juice (2.3) Vinegar (2.9)
1,000,000	1	Hydrochloric acid secreted from the stomach lining (1)
10,000,000	0	Battery Acid

Examples of so  
and their respec

# Acid and Base Properties

## Acid Properties:

When dissolved in water, acids

1. Conduct electricity
2. Change blue litmus to red
3. Have a sour taste
4. React with bases to neutralize their properties
5. React with active metals to liberate hydrogen.

## Base Properties:

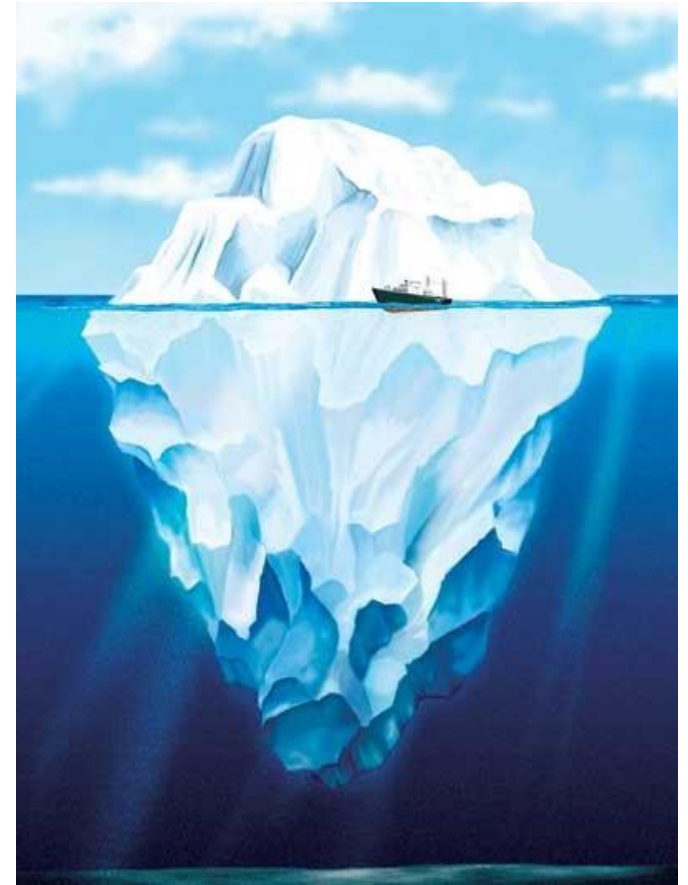
When dissolved in water, bases

1. Conduct electricity
2. Change red litmus to blue
3. Have a slippery feeling
4. React with acids to neutralize their properties.

## 5) Ice sinks because it is very dense

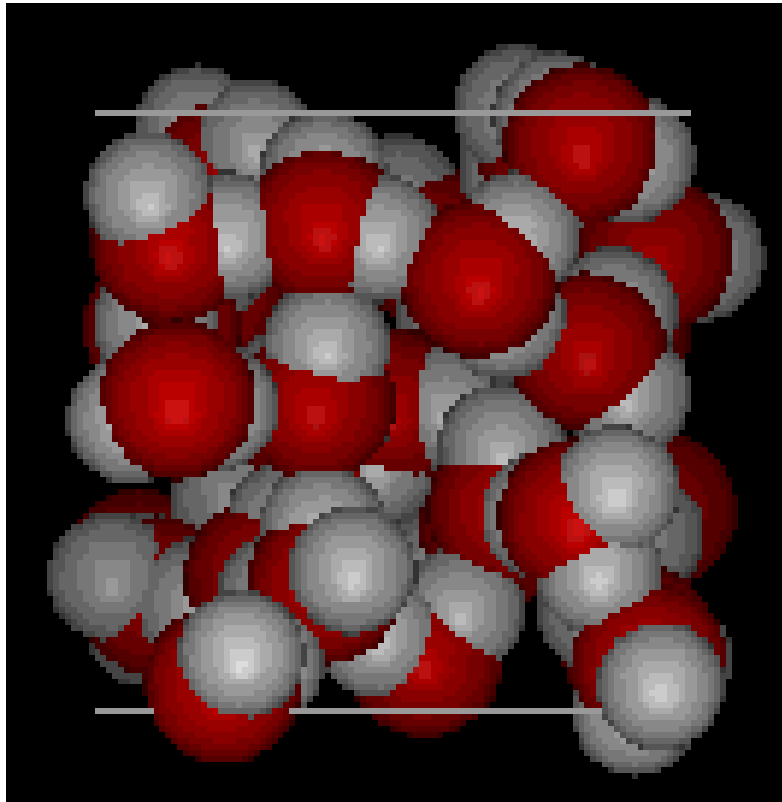
***FALSE!***

Ice is less dense than  
water so it floats!

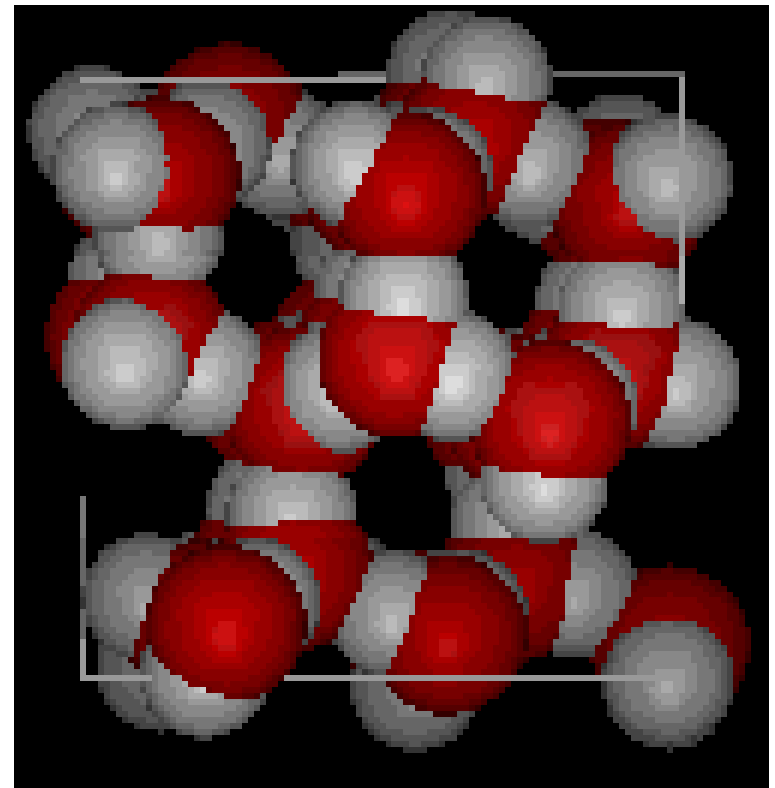


# Water is Less Dense as a Solid

**Water**



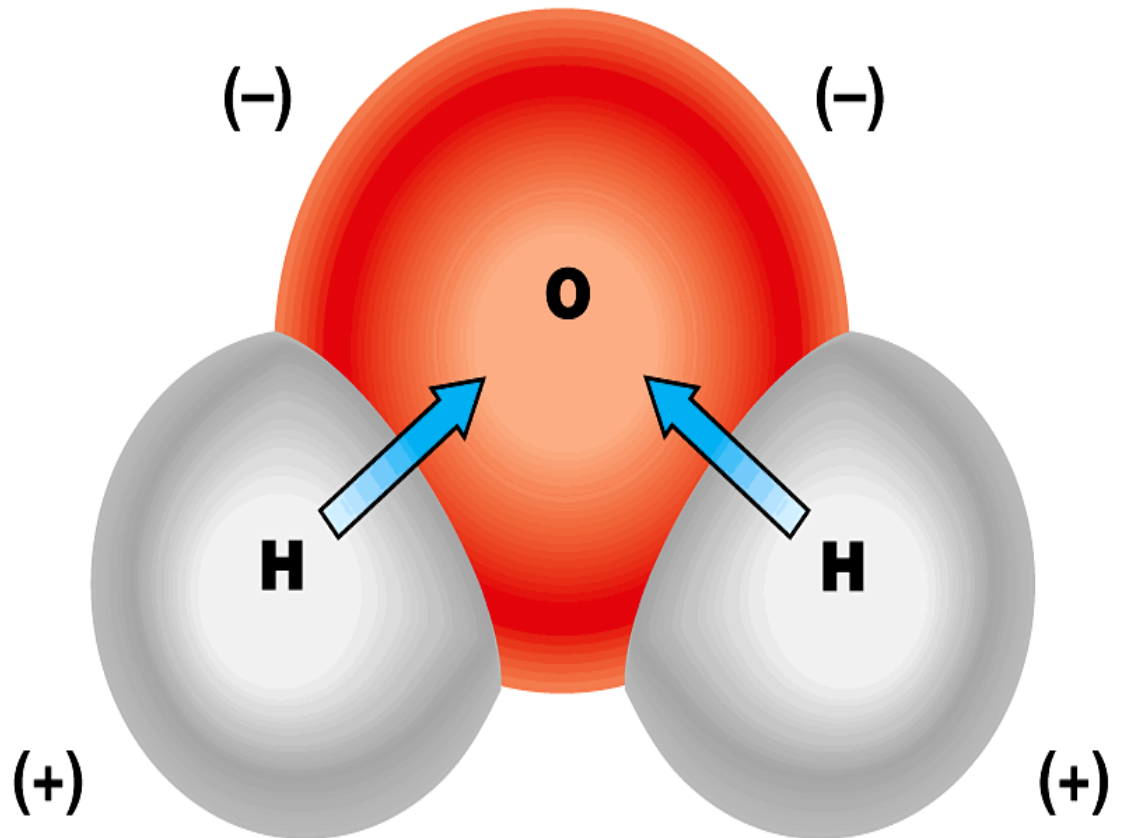
**Ice**



## 6) Water is composed of 3 atoms!

***TRUE!***

Water is made from 2 hydrogen atoms covalently bonded to one oxygen atom!



# 7) Water is ORGANIC

***FALSE!***

Water is *In*organic!

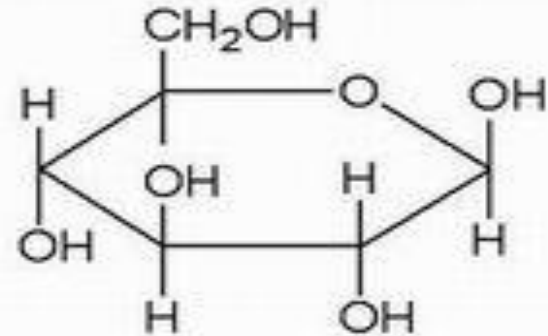
Molecules must

have both

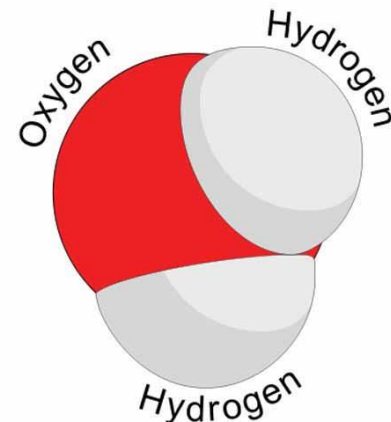
Carbon AND

Hydrogen to be

ORGANIC!

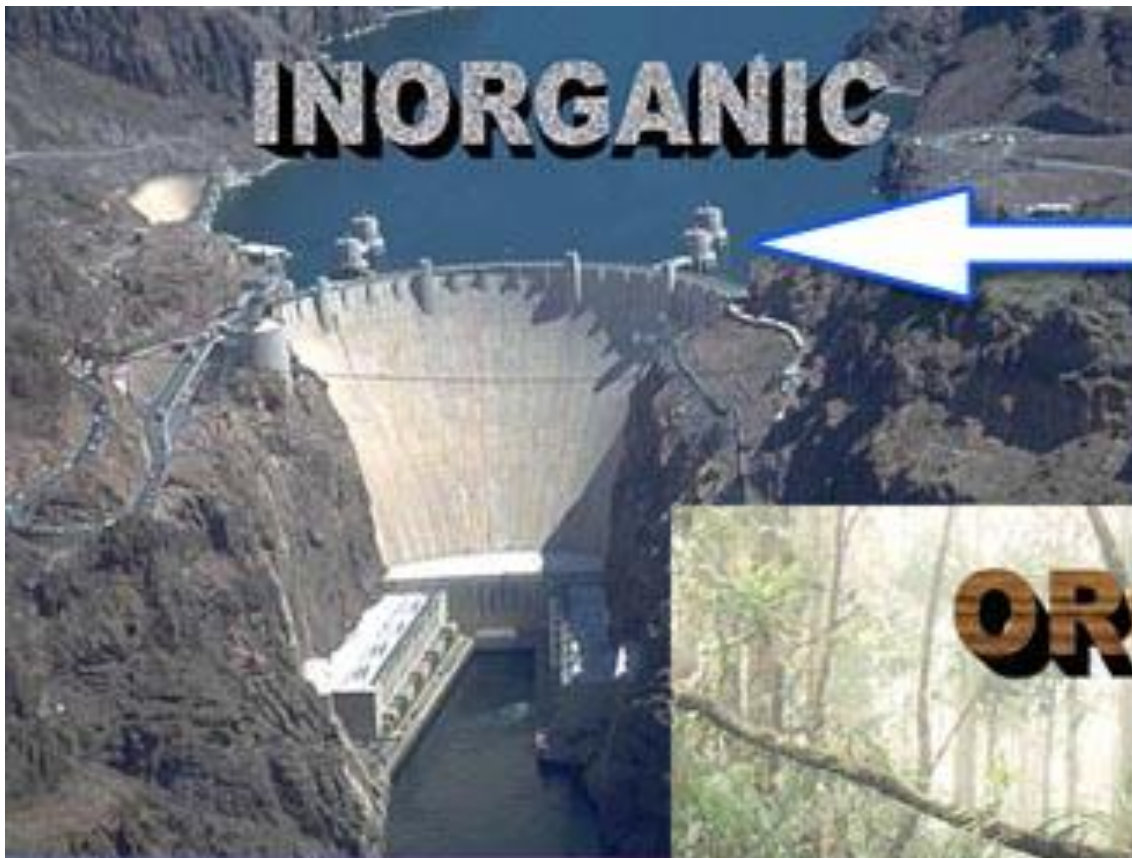


**glucose**



**INORGANIC**

Oxygen rules  
this domain



**ORGANIC**

Carbon rules  
this domain

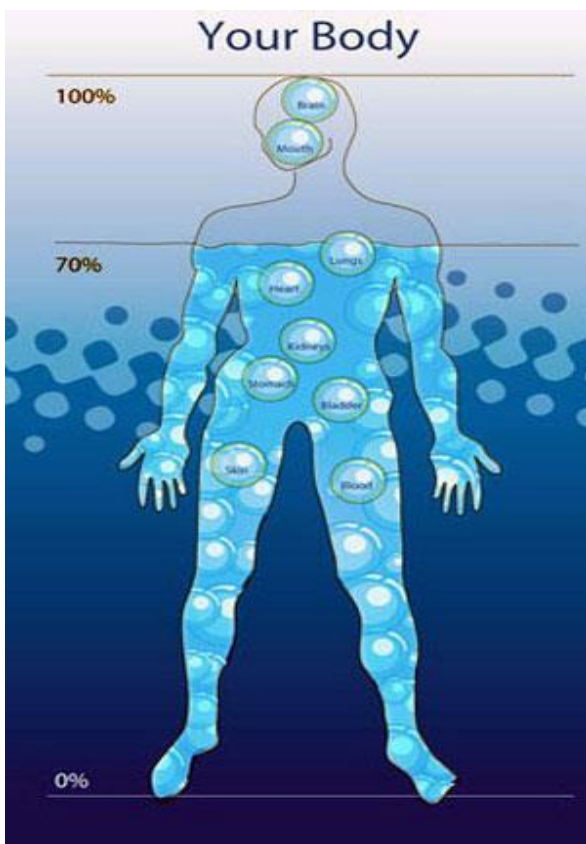


8) Water is the most common compound on Earth.

*True*

More than 70% of the Earth is water.

66% of our bodies are made of water.



[- Water Structure and Hydrogen Bonding - YouTube](#)



# 9) Rainwater is the purest form of water.

*False*

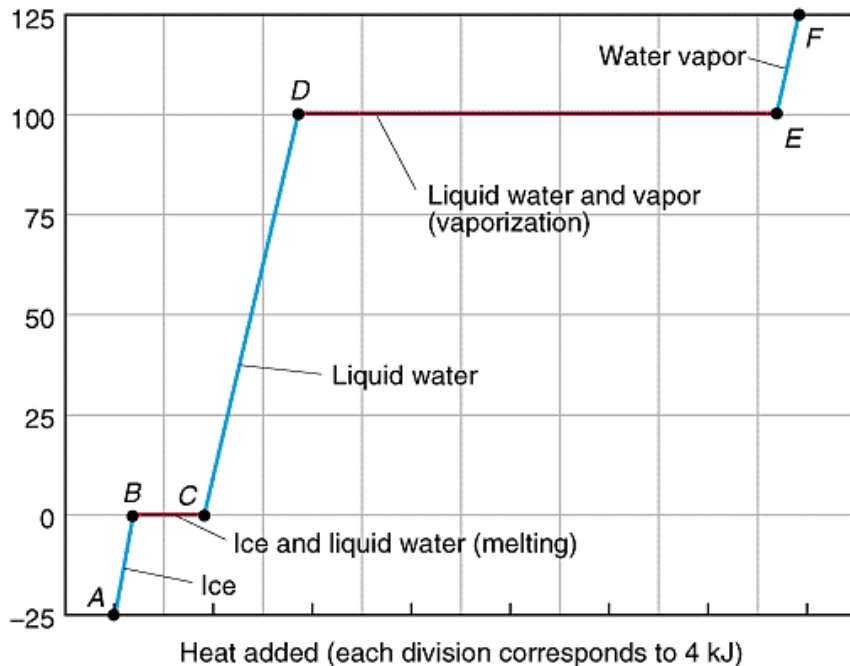
Precipitation of any kind (*snow, rain, hail*) contains dissolved minerals, gasses, acids, dust, pollen grains, viruses and microorganisms!

Distilled *water* is the purest!  
(But don't drink it!)



10) It takes more energy to heat cold water to boiling, than it does to change boiling water to steam

*False*



!

It takes 5x more energy to turn boiling *water* into steam than to raise cool *water* to boiling point @ 212° F.

★ Water has a HIGH SPECIFIC HEAT

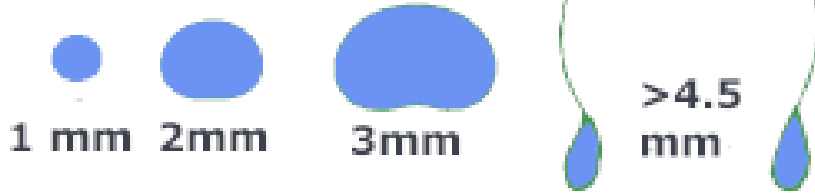
Water has a HIGH HEAT of VAPORIZATION!

# 11) Falling raindrops are tear-shaped.

*False*

A drop of **water** coming out of a faucet, does have a tear shape... until it can't hold on any more. But when it falls it look more like a small hamburger bun due to the interplay between **gravity** and **surface tension**. As a drops falls, the air below the drop pushes up from the bottom, causing the drop to flatten out somewhat.

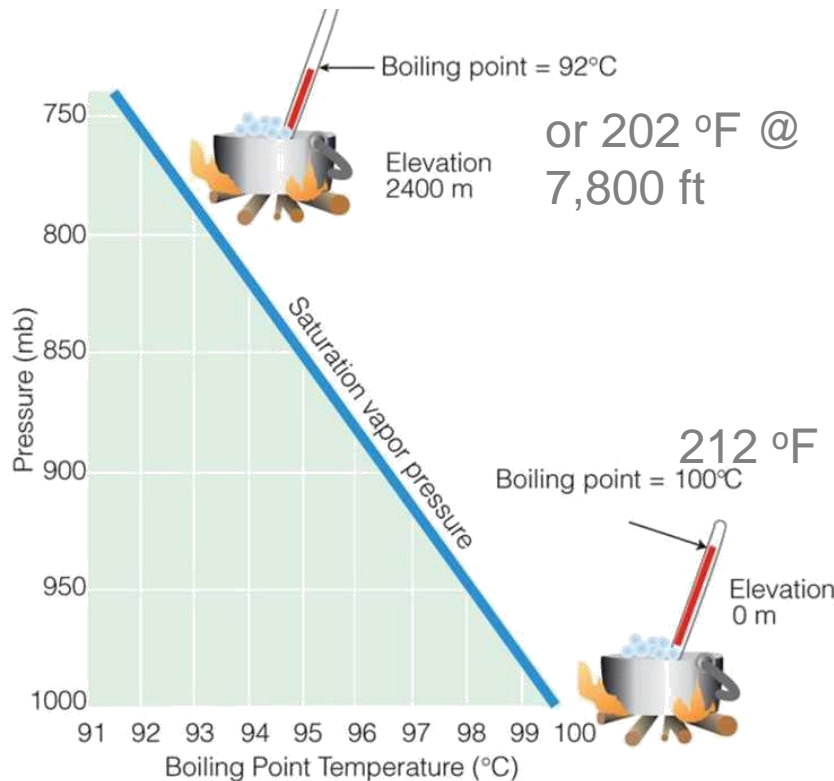
Raindrop shapes



# 12) Water boils & evaporates quicker at high altitudes

*True*

At sea level **water** boils at 100° C. At 2,400 m, **water** boils at 92° C. This is because as the altitude gets higher, the lower air pressure makes it easier for the **water** molecules to break their bonds thus, it boils more easily.



13) Water is the only substance that is found naturally on earth in three states: liquid, gas, solid.

*True*

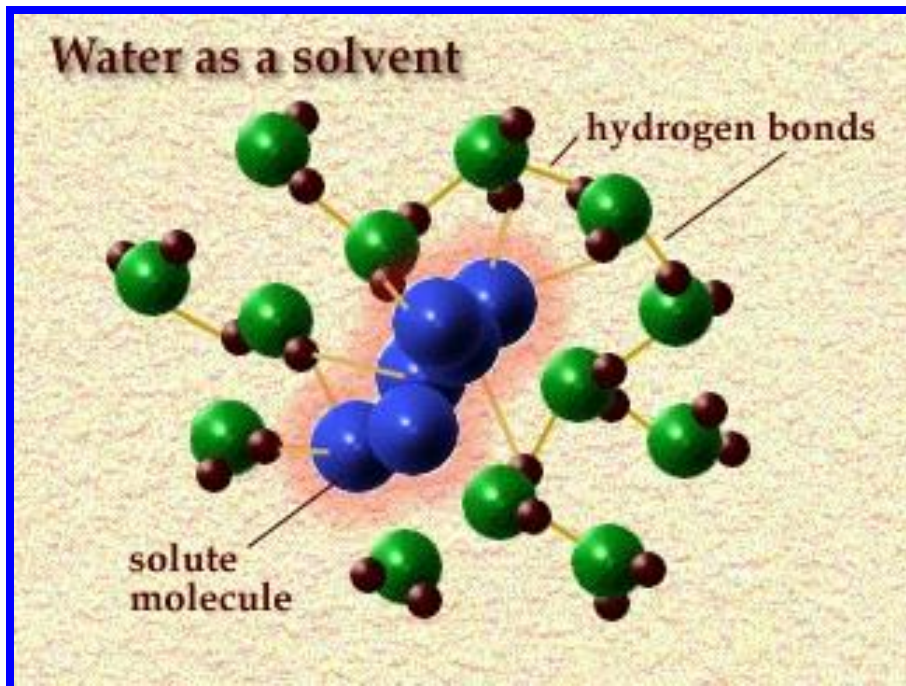
Water can commonly be seen in the solid, liquid and gaseous state on Earth.





Water is known as the universal \_\_\_\_\_.

*solvent*



A substance that has the ability to dissolve both bases and acids, such as *water* is called a “universal solvent. Everything else dissolves in *water* as well... stone, iron, pots, pans, plates, sugar, salt, and coffee beans.

# Adhesion Causes Capillary Action

Which gives water the ability to "climb" structures

Capillary Action

Straw lowered into water

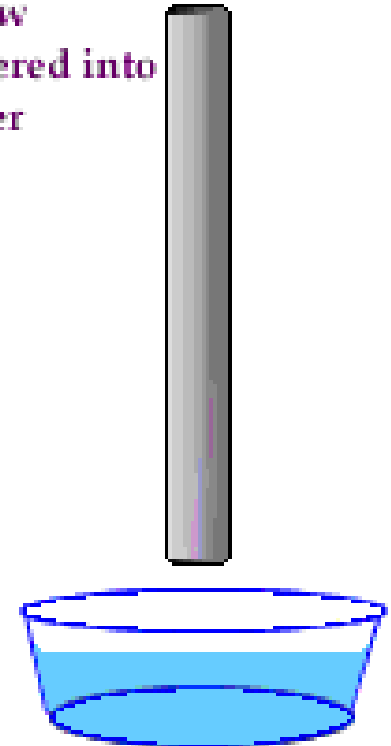
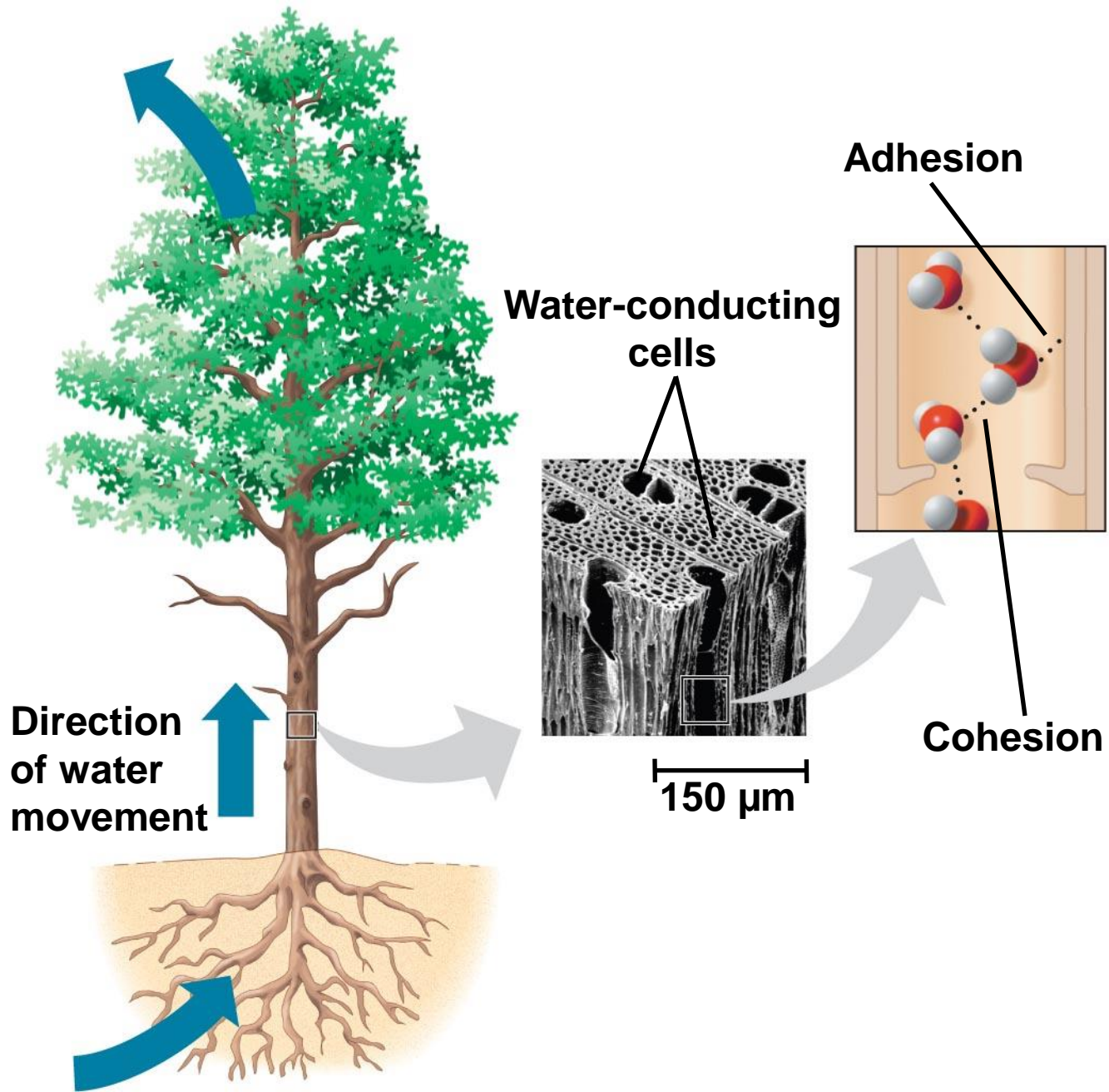




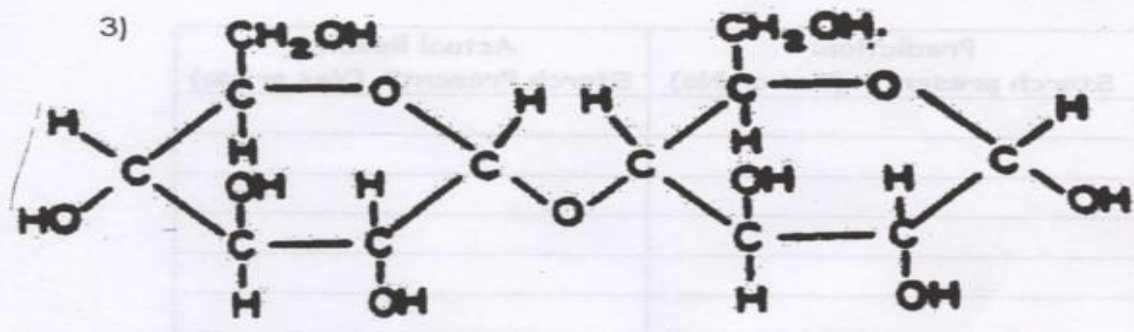
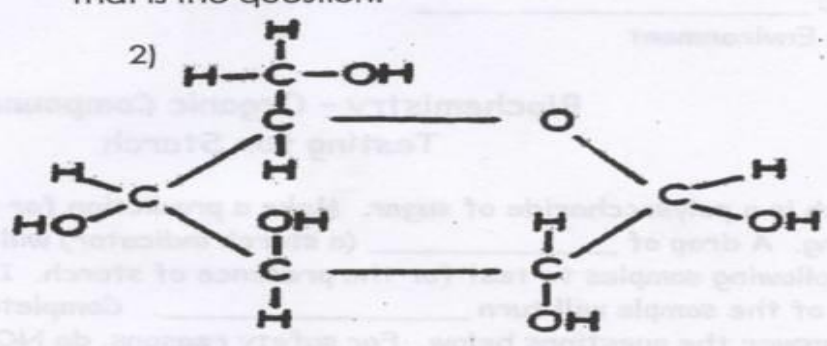
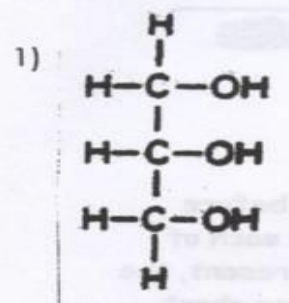
Fig. 3-3



# Lesson 3

- Nutrients (Macromolecules)
  - Carbohydrates

Organic or Inorganic?  
That is the question.



Directions:  
1.Circle whether the molecule is organic/inorganic. 2.Record the number of Carbons, Hydrogens, and Oxygens, in the space provided. 3.Write "yes" if the molecule is a carbohydrate, "no" if it is not a carbohydrate.

1) organic / inorganic

carbons \_\_\_\_\_  
hydrogens \_\_\_\_\_  
oxygens \_\_\_\_\_  
carbohydrate? \_\_\_\_\_

2) organic / inorganic

carbons \_\_\_\_\_  
hydrogens \_\_\_\_\_  
oxygens \_\_\_\_\_  
carbohydrate? \_\_\_\_\_

3) organic / inorganic

carbons \_\_\_\_\_  
hydrogens \_\_\_\_\_  
oxygens \_\_\_\_\_  
carbohydrate? \_\_\_\_\_

4) organic / inorganic

carbons \_\_\_\_\_  
hydrogens \_\_\_\_\_  
oxygens \_\_\_\_\_  
carbohydrate? \_\_\_\_\_

# Testing for Starch Activity

Starch is a polysaccharide of sugar. Make a prediction for each sample before testing. A drop of iodine (a starch indicator) will be added to each of the following samples to test for the presence of starch. If starch is present, the color of the sample will turn black.

Sample:	Prediction: Starch present? (Yes or No)	Actual Result: Starch Present? (Yes or No)

## Conclusion Questions:

1) How many samples did you predict correctly?

2) Were there any samples containing starch that you predicted would *not* contain starch? Which ones?

3) Were there any samples *not* containing starch that you predicted *would* contain starch? Which ones?

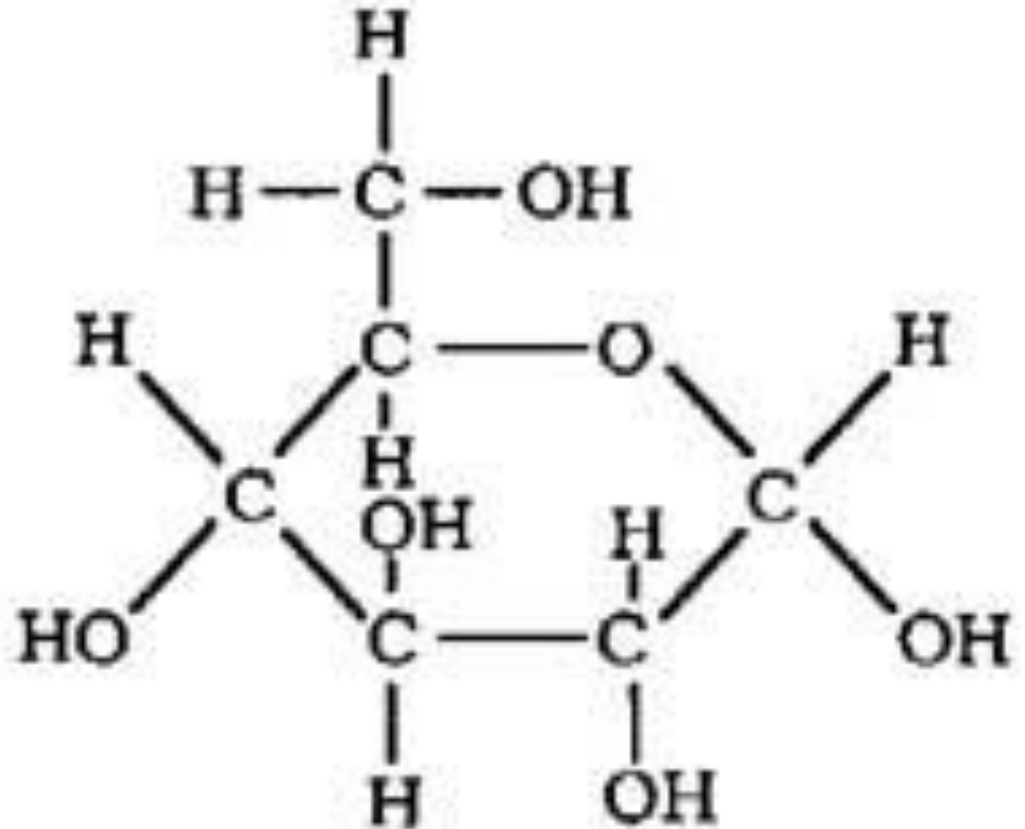
4) If you wanted to perform this activity and test for glucose instead of starch, would you still use Iodine to test the samples? What would you use? (HINT: Think back to the state lab on Diffusion)

<b>Characteristics</b>	<b>Carbohydrates</b>
Elements	Carbon, Hydrogen, Oxygen
Ratio	H:O = 2:1
Building Blocks (Monomers → Polymers)	Monosaccharides (simple sugars) ex. Glucose → Polysaccharides (starch)
Functions	<ul style="list-style-type: none"> <li>•MAIN source of <u>ENERGY</u> for cells</li> <li>•Also used for structural purposes (plant cell walls made of cellulose)</li> </ul>
Examples and Structure	<p>Starch- ex. Glycogen (animal) &amp; cellulose (plant)</p> <p>Glucose (C<sub>6</sub>H<sub>12</sub>O<sub>6</sub>) - monosaccharide</p> <p>Clue: Most sugars end in “ose”</p>

# Carbohydrates (con't)

Structural  
Diagram

Glucose  
(monosaccharide)



Starch is classified as a

a. disaccharide

b. polypeptide

c. nucleotide

d. polysaccharide



# Good Sugars and Bad Sugars

- [Blood Sugar: The Link To Cancer, Heart Attacks, and other preventable diseases. - YouTube](#)

# Lesson 4

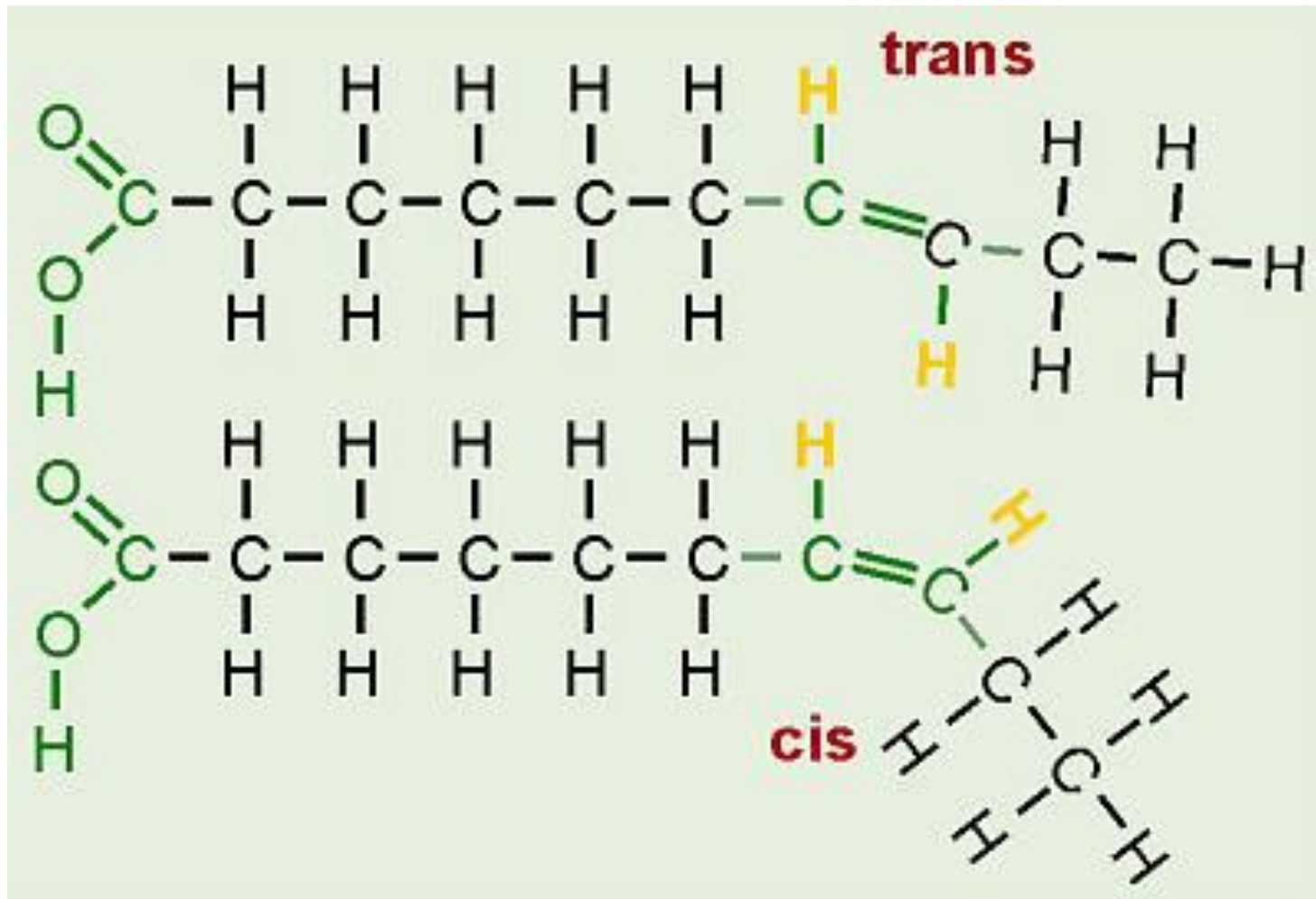
- Nutrients  
(Macromolecules)
  - Lipids

# Good Fat vs. Bad Fat

- **Good:** We need a balance of [omega-3](#) and omega-6 in order to maintain healthy cardiac function, mood stability, [insulin](#) balance, joint health and skin health. We need to keep the intake of these good fats balanced because they work in opposition to each other. Too much of one type of fat and not enough of the other can cause a variety of problems. For example, too much omega-6 can cause problems such as degenerative and inflammatory diseases.
- Our bodies do not make good fats; we can only get them in food. Omega-3 is found in fish and [fish oil](#), all green leafy vegetables, walnuts. Omega-6 is found in corn oil and other vegetable oils such as [safflower oil](#). Surveys show that most people do not have enough omega-3 in their diet, while they have too much omega-6.
- Just as it is essential that our intake of good fats is balanced, we also need to get rid of the bad fats in our diet.

- **Bad:** In unsaturated fatty acids, there are two ways the pieces of the hydrocarbon tail can be arranged around a C=C double bond. In **cis bonds**, the two pieces of the carbon chain on either side of the double bond are either both up or both down, such that both are on the same side of the molecule. In **trans bonds**, the two pieces of the molecule are on opposite sides of the double bond, that is, one up and one down across from each other. Naturally-occurring unsaturated vegetable oils have almost all cis bonds, but using oil for frying causes some of the cis bonds to convert to trans bonds. If oil is used only once like when you fry an egg, only a few of the bonds do this so it's not too bad. However, if oil is constantly reused, like in fast food French fry machines, more and more of the cis bonds are changed to trans until significant numbers of fatty acids with trans bonds build up. The reason this is of concern is that fatty acids with trans bonds are **carcinogenic**, or cancer-causing.

# Trans fat structure



- **You Eat More!** It's not like you have any choice in the matter. Remember that the essential fatty acids are vital to *every* metabolic function in your body. You *will* get the quantity of essential fatty acids that you need to sustain life, no matter what. You will not stop being hungry until you do.
- If you are consuming lots of saturated fats, you really have no choice but to become fat, because saturated fats contain only small quantities of the polyunsaturated fats that contain the essential fatty acids you need. The key to being thin, then, is to consume foods containing large amounts of polyunsaturated oils. (Those foods include fish, olives, nuts, and egg yolks.) Over the long term, those foods remove your sense of hunger.
- **Your Metabolism Slows!** Worse, most partially hydrogenated oil is partially hydrogenated *soybean* oil. That's a problem, because soybean oil depresses the thyroid--which lowers your energy levels, makes you feel less like exercising, and generally makes you fatter!
- Of course, soybeans have been used for centuries in the Orient--but mostly as the basis for soy sauce and tofu. Asians didn't have soy milk, soy burgers, soy this and soy that. Most of all, they never used concentrated *essence* of soybean, in the form of soybean oil. And they didn't hydrogenate it, and they didn't use it in *everything*.
- Walking down supermarket aisles in America, you find product after product with partially hydrogenated oil--often in products you would never expect. But why not? After all, it's cheaper than butter. And it's not illegal. Why not!??
- As a result, Americans are consuming soybean oil--partially *hydrogenated* soybean oil--in virtually everything they eat. It's no wonder that America is experiencing epidemic levels of diabetes, obesity, heart disease, and cancer.

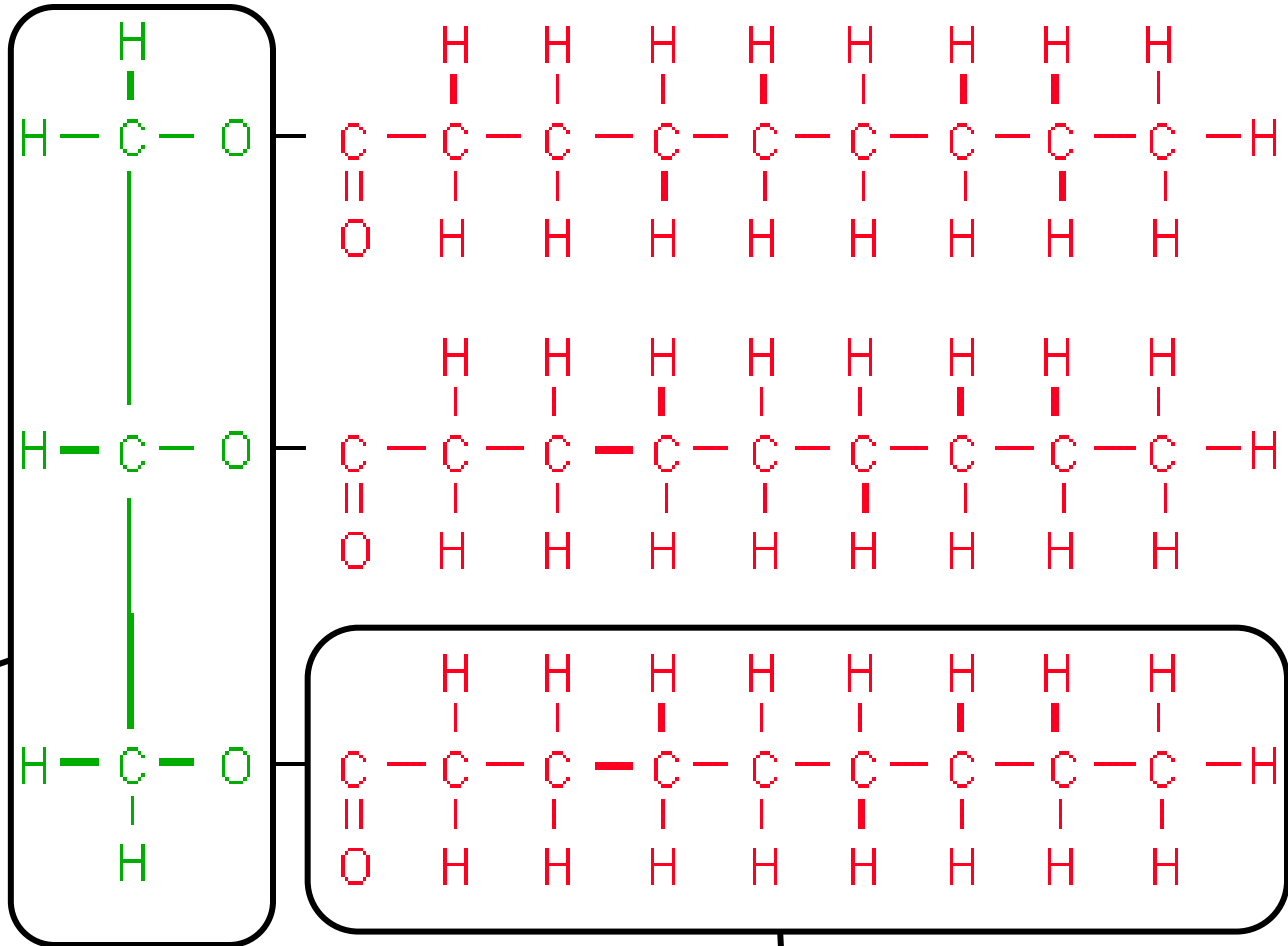
<b>Characteristics</b>	<b>Lipids</b> <u>BRAINPOP</u>
Elements	Carbon, Hydrogen, Oxygen
Ratio	H:O = greater than 2:1
Building Blocks (Monomers → Polymers)	3 fatty acids and 1 glycerol per lipid
Functions	<ul style="list-style-type: none"> <li>•source of <u>STORED</u> energy for cells</li> <li>•structure of biological membranes</li> <li>•used in waterproof coverings</li> </ul>
Examples and Structure	<p>Fats, cholesterol, oils, waxes, steroids (chemical messengers)</p> <p>Saturated: has max # of H atoms</p> <p>Unsaturated: less than max # of H</p>

# Lipids (con't)

Structural  
Diagram

1 glycerol  
3 fatty acids

**Glycerol  
(lipid head)**



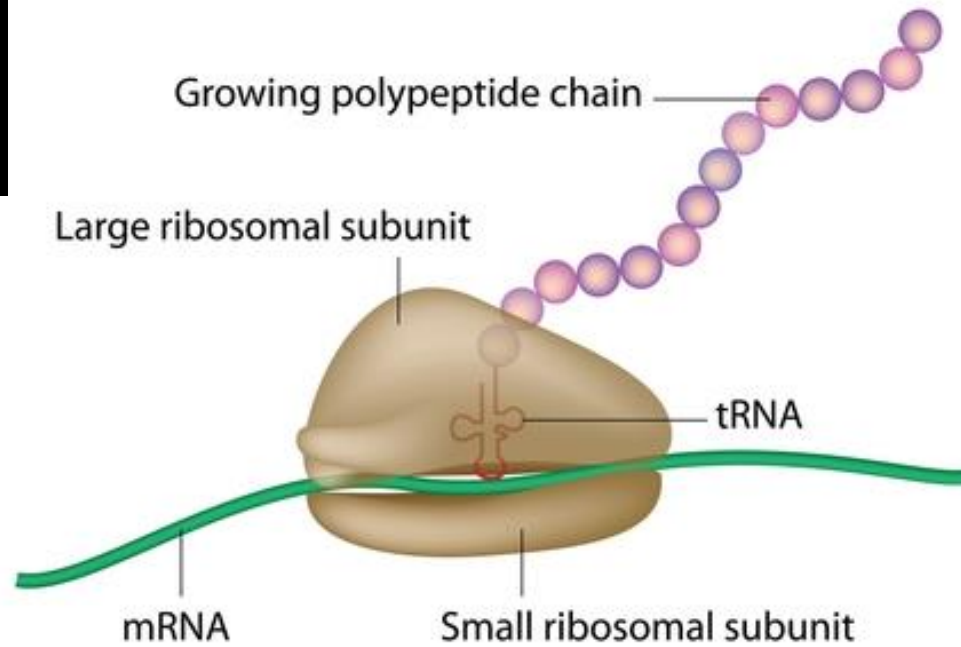
**Fatty acid (lipid tail)**



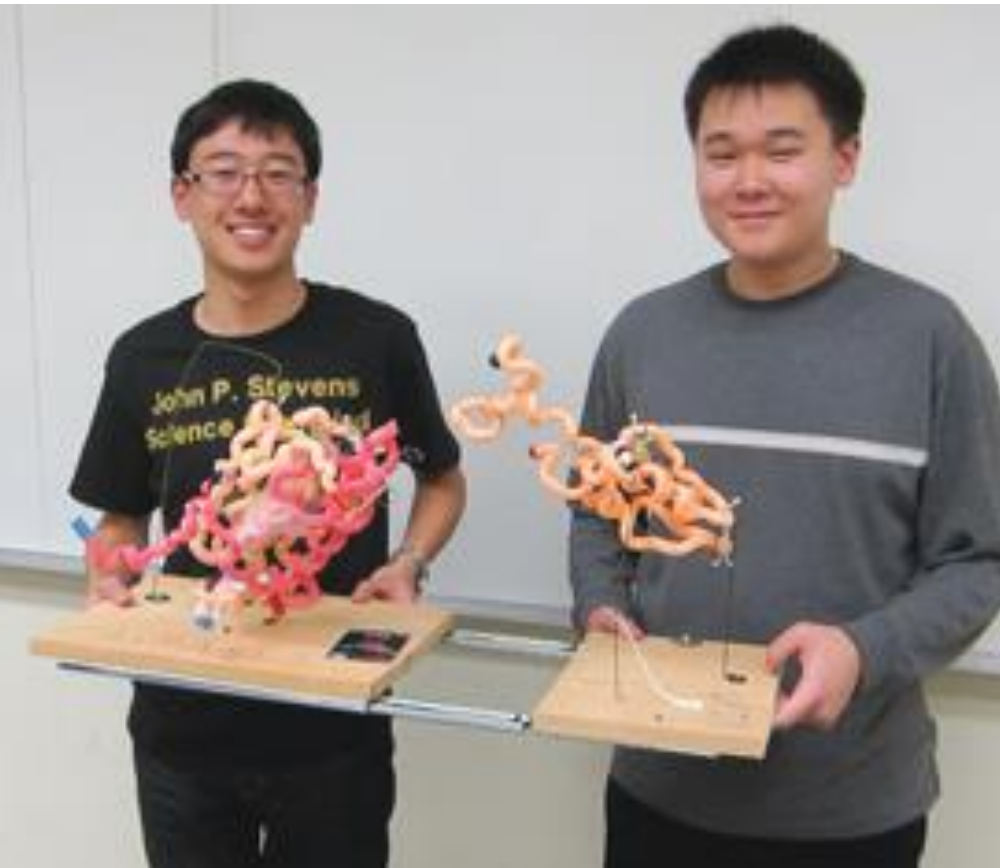
# Lesson 5

- Nutrients (Macromolecules)
  - Proteins

# What do you already know about **PROTEINS**?



# Protein Modeling



How many different **LETTERS** are there in the English alphabet?

26



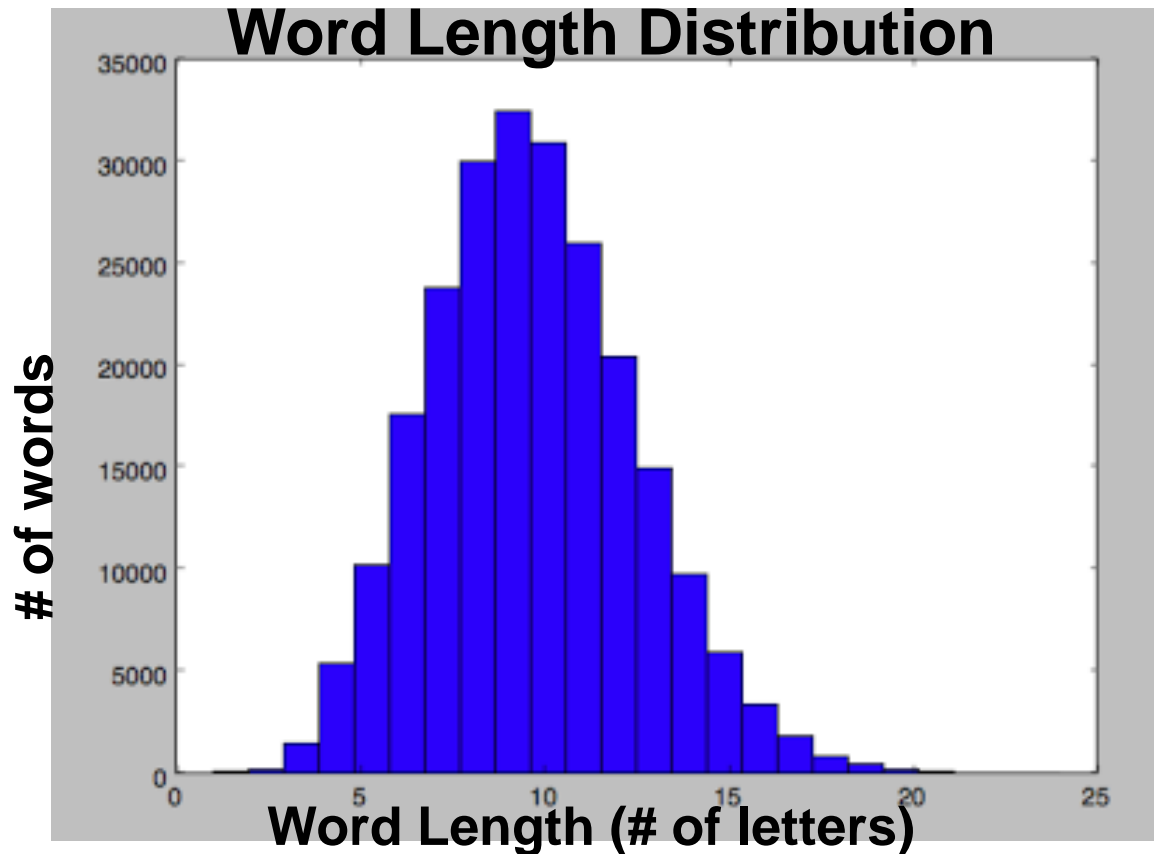
How many different **WORDS** can we spell  
from those 26 letters?

**Over 1 million!**

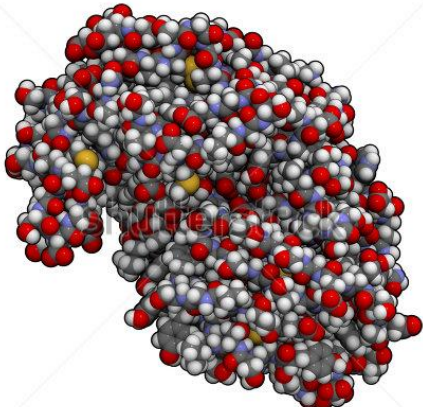


How is it possible to make **over 1 million words** out of only **26 letters**?

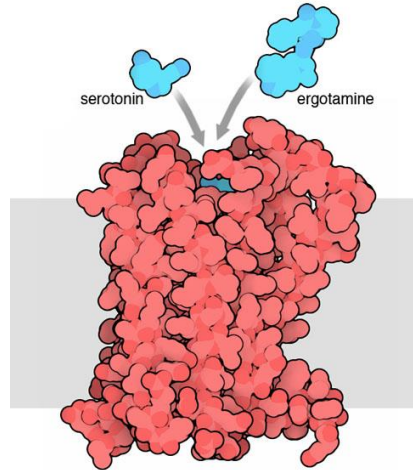
- Letters are used more than once in a word
- Words vary in size



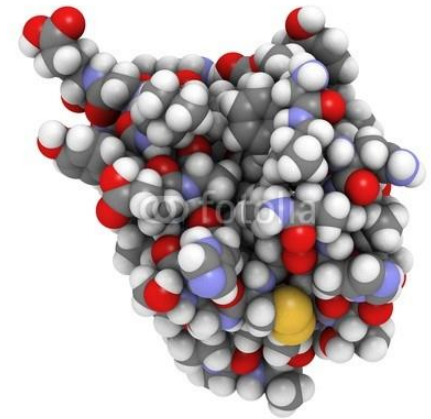
How many different **PROTEINS** exist in living things?  
**over 10 million!**



**Enzyme Pepsin**



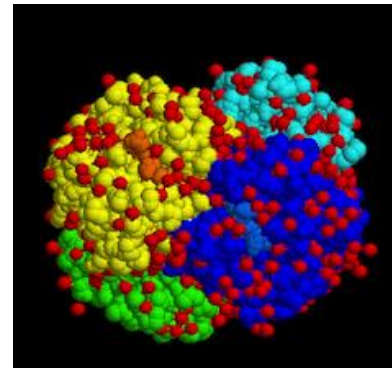
**Receptor Molecule**



**Hormone Insulin**



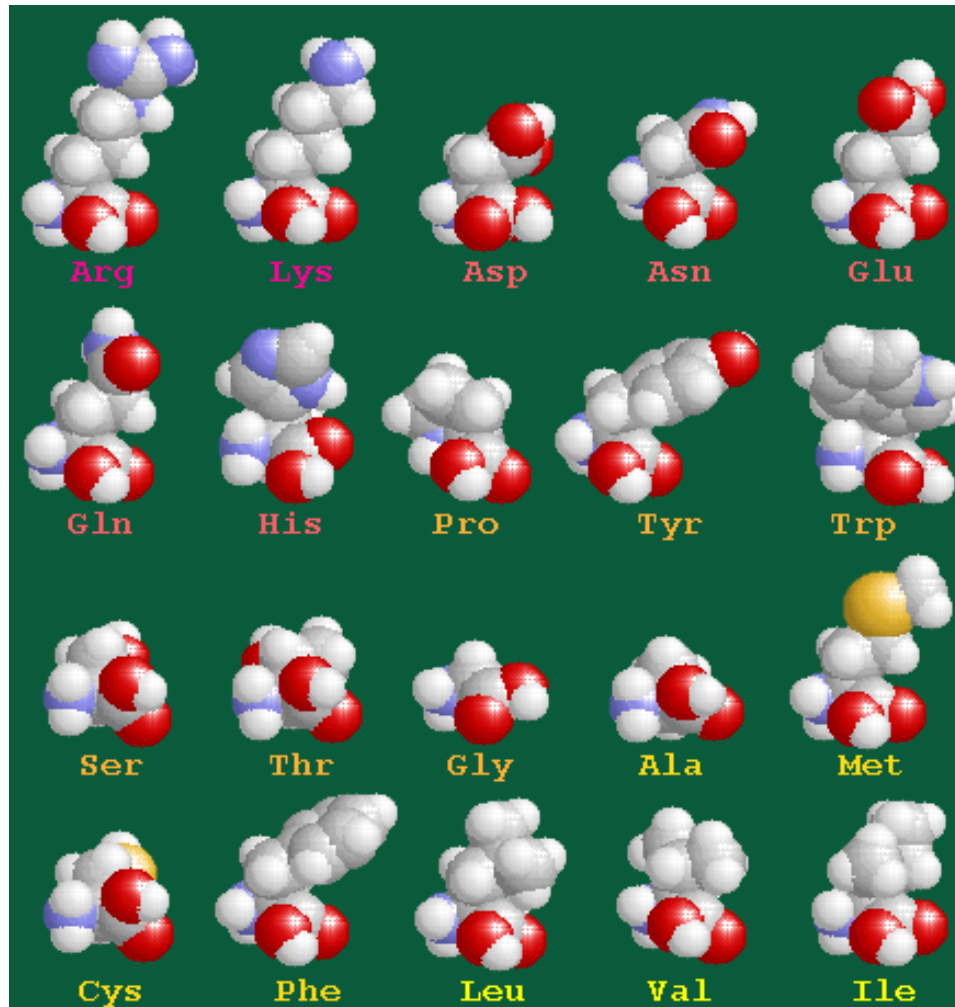
**Antigens & Antibodies**



**Hemoglobin**

How many different building blocks of  
proteins are there? **20!**

They are called AMINO ACIDS





So how is it possible to make over 10 million **PROTEINS** out of only 20 **AMINO ACIDS?**

- Amino acids are used more than once in a protein
- Proteins vary in size (can be very long)

Complete the following analogy:

Words are made up of letters like

**Proteins** are made up of **Amino Acids** !

# Why is sequencing important?

How do you spell

C A T



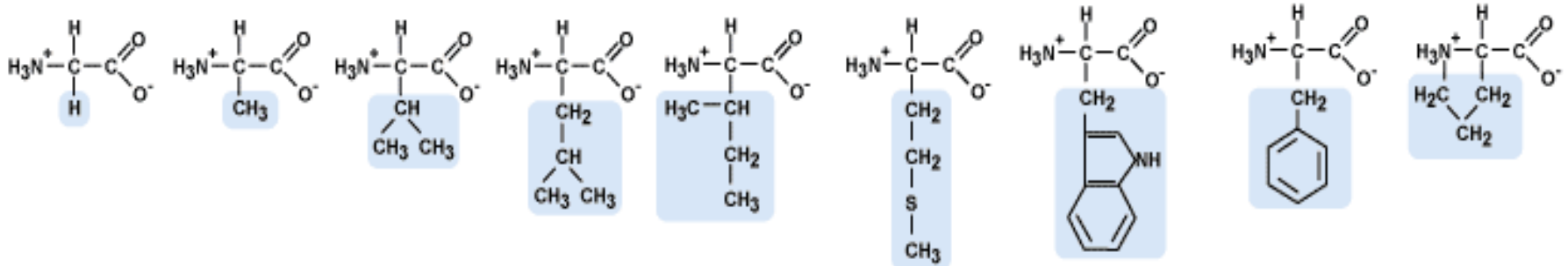
What happens to the meaning of the word if the order of letters is changed?

A C T



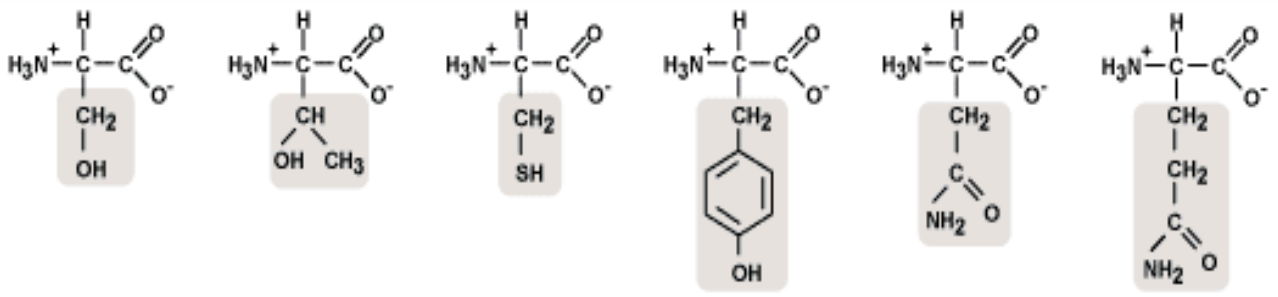
**If the order of amino acids changes, so does the structure and function of the protein!**

**NONPOLAR**



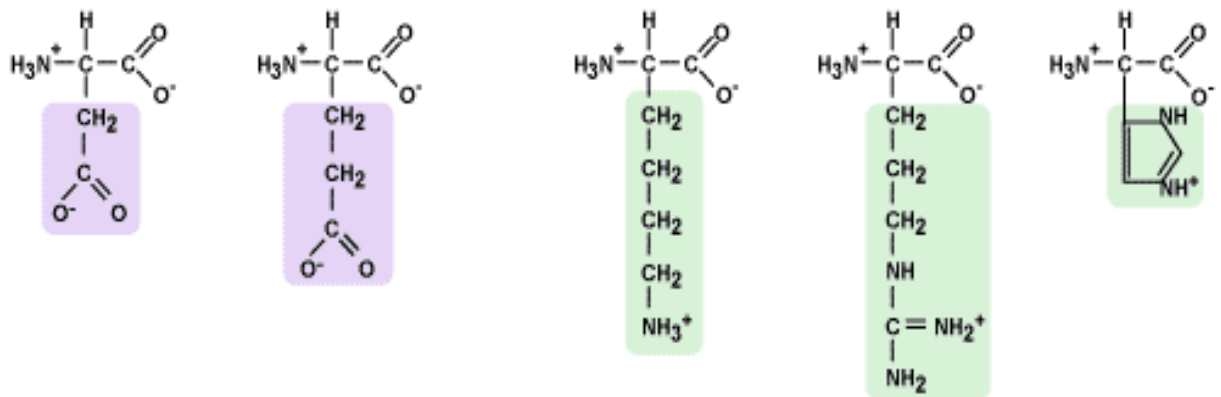
Glycine (Gly)    Alanine (Ala)    Valine (Val)    Leucine (Leu)    Isoleucine (Ile)    Methionine (Met)    Tryptophan (Trp)    Phenylalanine (Phe)    Proline (Pro)

**POLAR**



Serine (Ser)    Threonine (Thr)    Cysteine (Cys)    Tyrosine (Tyr)    Asparagine (Asn)    Glutamine (Gln)

**Electrically Charged**



**Acidic**

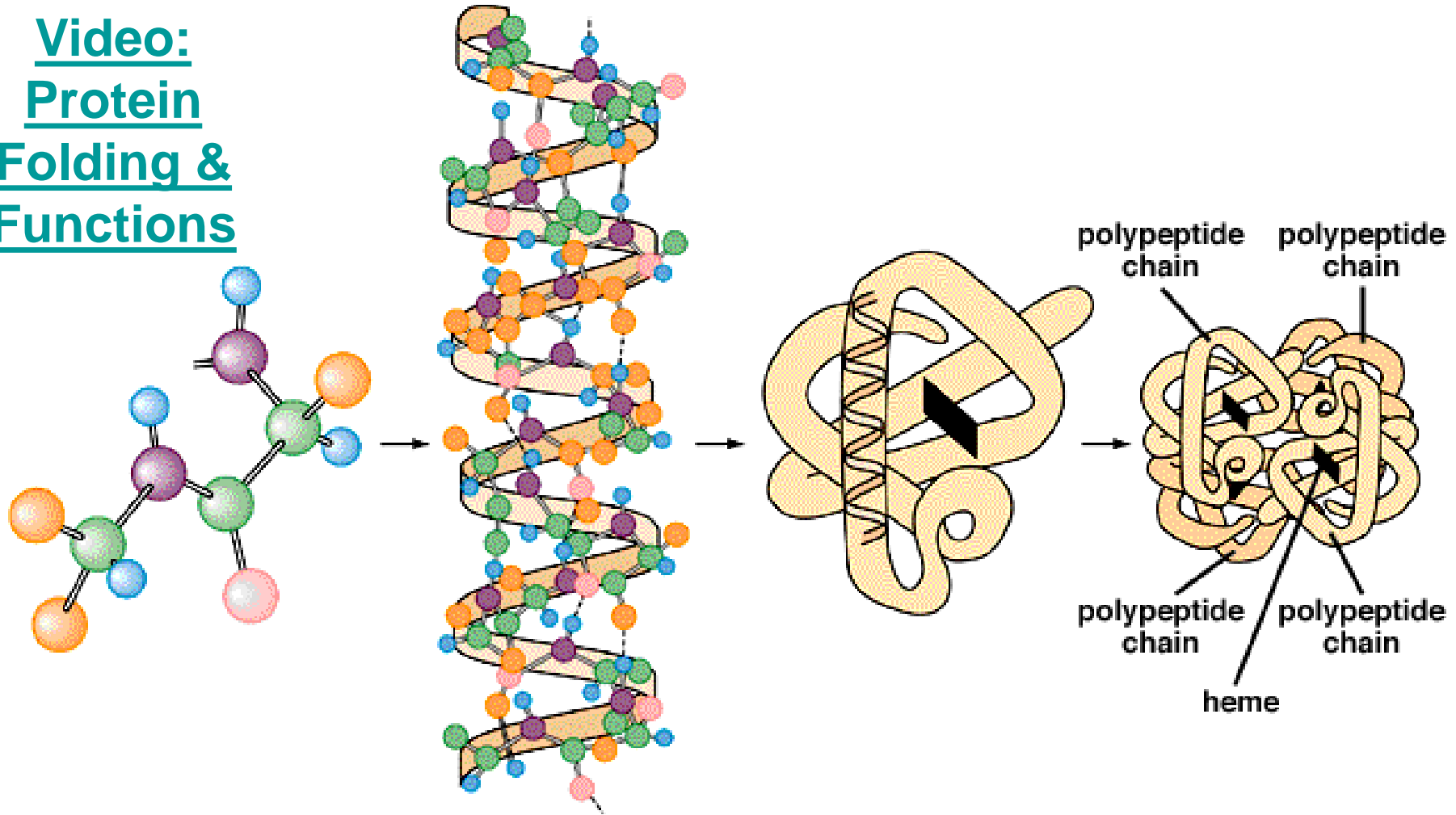
Aspartic Acid (Asp)    Glutamic Acid (Glu)

**Basic**

Lysine (Lys)    Arginine (Arg)    Histidine (His)

# The Four Levels of Protein Structure

[Video:](#)  
[Protein](#)  
[Folding &](#)  
[Functions](#)



A. primary structure

B. secondary structure

C. tertiary structure

D. quaternary structure

● C ● N ● R groups ● H ● O ■ Heme groups

Summary of the four levels of protein structure, using hemoglobin as an example.

Characteristics	Proteins
Elements	Carbon, Hydrogen, Oxygen, Nitrogen, sometimes Sulfur
Ratio	None
Building Blocks (Monomers → Polymers)	Amino acids (20 kinds) Arrange to form many different proteins
Functions	<p>Each has a <u>specific role</u>, determined by its <u>specific shape</u> &amp; <u>sequence of amino acids</u>!</p> <ol style="list-style-type: none"> <li>1. Control rates of reactions (enzymes)</li> <li>2. Form structures (ex. muscle &amp; bone)</li> <li>3. Transport substances in/out of cells</li> <li>4. Send &amp; detect chemical messages</li> </ol>

# Proteins (con't)

## Examples and Structure

hormones, enzymes, receptors,  
antibodies, membrane carrier  
proteins, hemoglobin

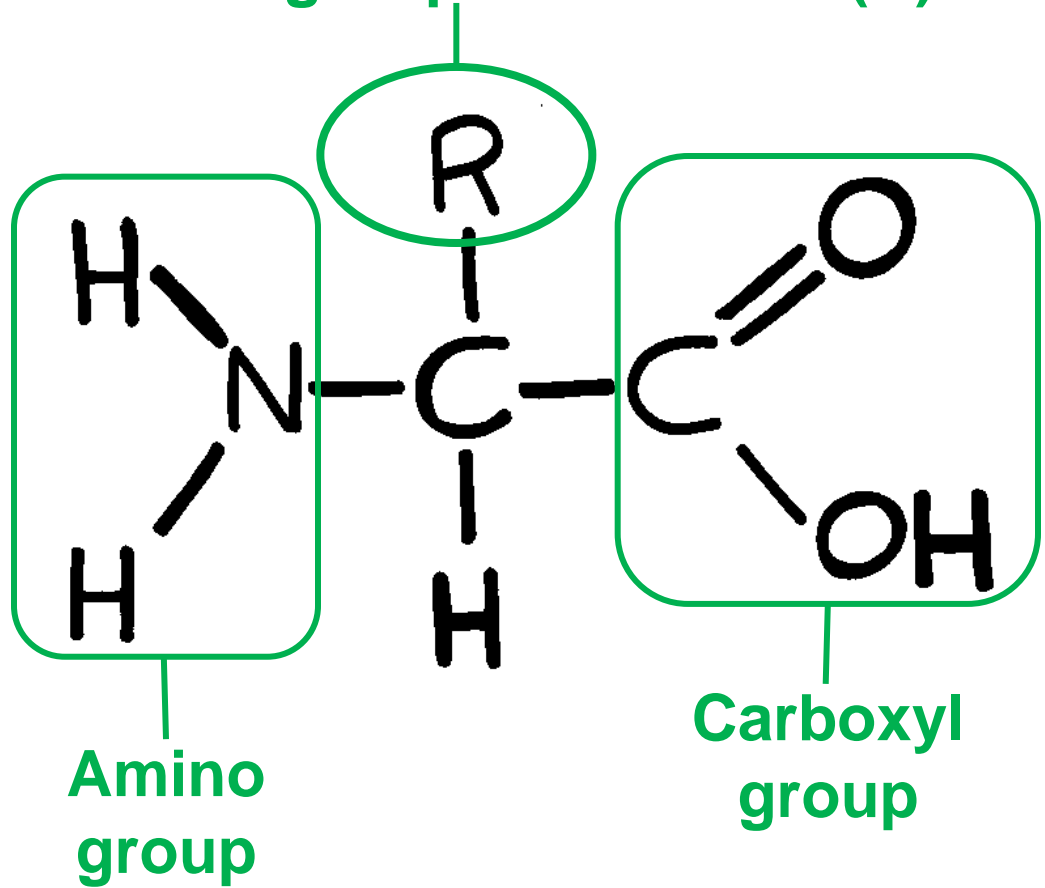
- Peptide bonds join amino acids
- Dipeptide = 2 amino acids joined
- Polypeptide = many peptide bonds

# Proteins (con't)

Structural  
Diagram

Amino acid

Variable group / side chain (R)



# Review of Proteins

Amino acids have an amino group at one end and a carboxyl group (acid group) at the other end. A variable group represented by the letter R is bonded to one of the carbons. There are (\*) 20 different amino acids found in living things. All amino acids are alike except they have a different R group.

A protein is composed of two or more amino acids linked together through the process of protein synthesis. The bond formed is called a peptide bond.

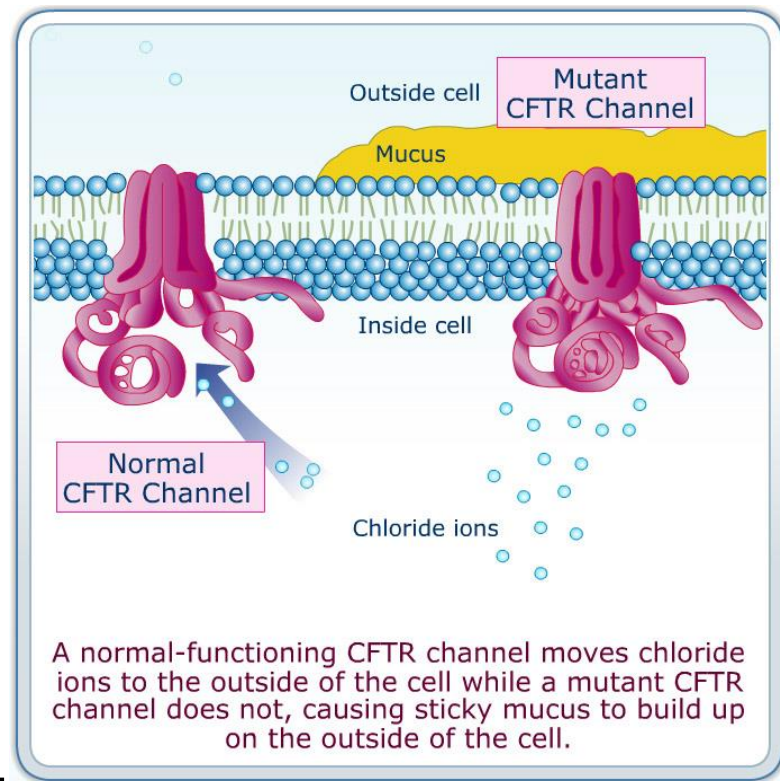
Proteins contain the elements Carbon, Hydrogen, Oxygen, and Nitrogen. Many proteins also contain sulfur (S).

Three examples of proteins are enzymes, hormones, and antibodies  
receptors, hemoglobin, membrane carrier proteins



# Cystic Fibrosis

The CFTR protein is a membrane transport protein that allows chloride ions to cross the cell membrane. Just one missing amino acid at the 508<sup>th</sup> position in the CFTR protein chain will cause the protein channel to form abnormally. This impairs the transport of chloride ions and the movement of water into and out of cells. As a result, cells that line the passageways of the lungs, pancreas, and other organs produce mucus that is abnormally thick and sticky. The abnormal mucus obstructs the airways and glands, leading to the characteristic signs and symptoms of the genetic disease, cystic fibrosis. People with cystic fibrosis have a shorter life span but can live on average to their 30s and 40s with treatment. There is no cure.



1) Why might the 508<sup>th</sup> amino acid be missing from the CFTR protein chain in a person with cystic fibrosis?

2) Why do you think there is no cure?

# Lesson 6

- Nutrients  
(Macromolecules)
  - Nucleic Acids
- Quiz Review

# Review of Proteins

Amino acids have an amino group at one end and a carboxyl group (acid group) at the other end. A variable group represented by the letter R is bonded to one of the carbons. There are (\*) 20 different amino acids found in living things. All amino acids are alike except they have a different R group.

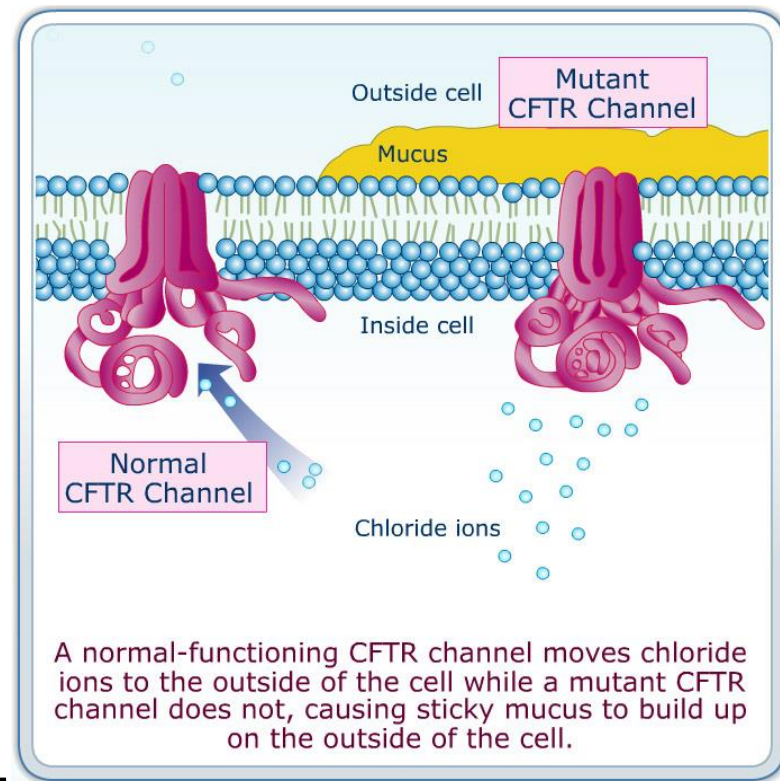
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# Cystic Fibrosis

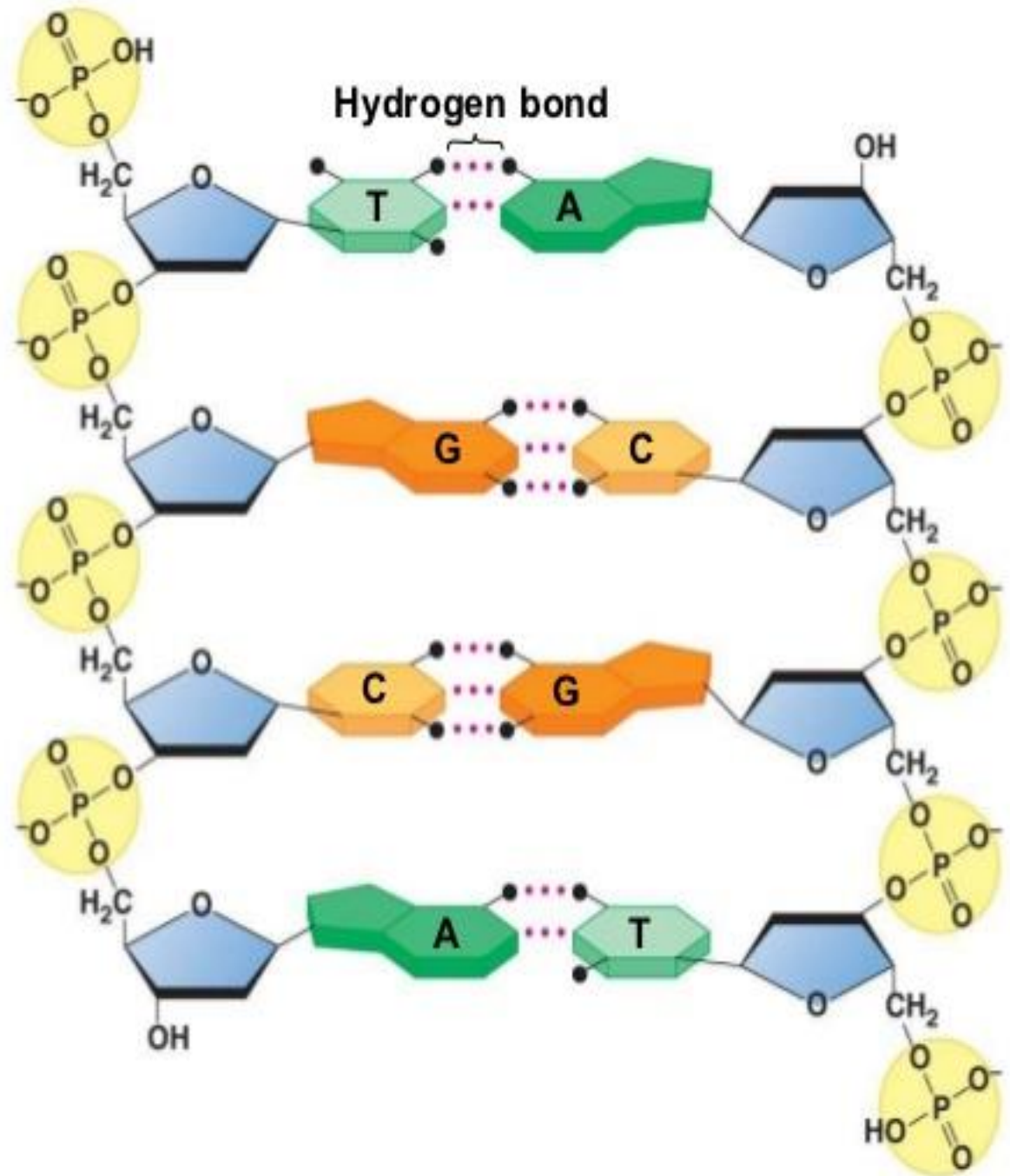
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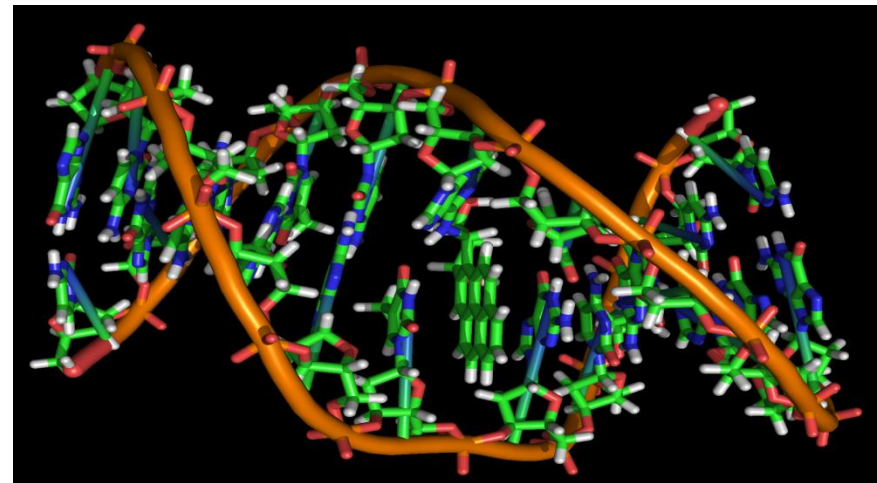
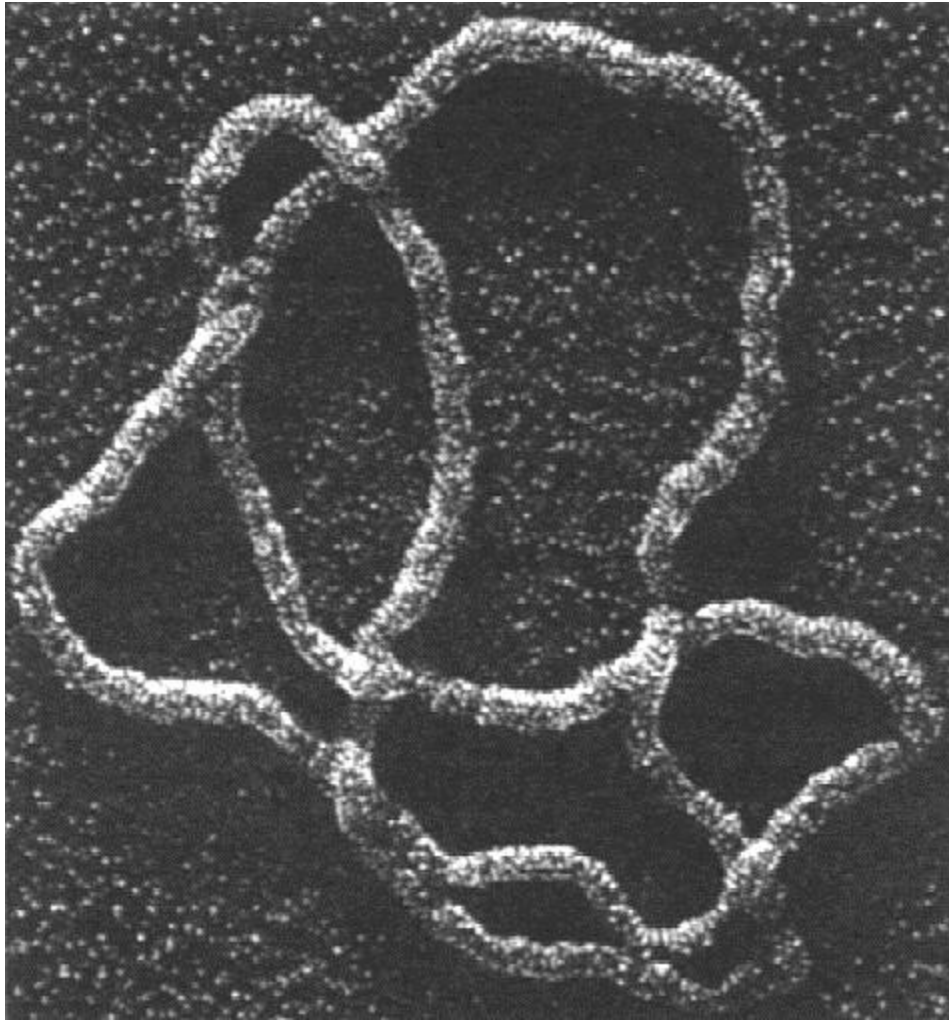
1) Why might the 508<sup>th</sup> amino acid be missing from the CFTR protein chain in a person with cystic fibrosis?

2) Why do you think there is no cure?

Based on what you have learned about biochemistry, make a few statements describing the molecule here...

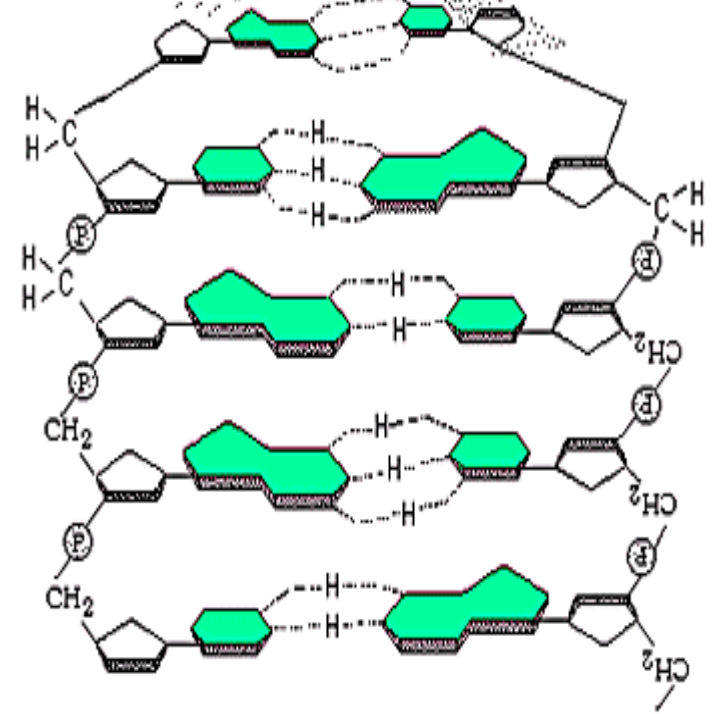
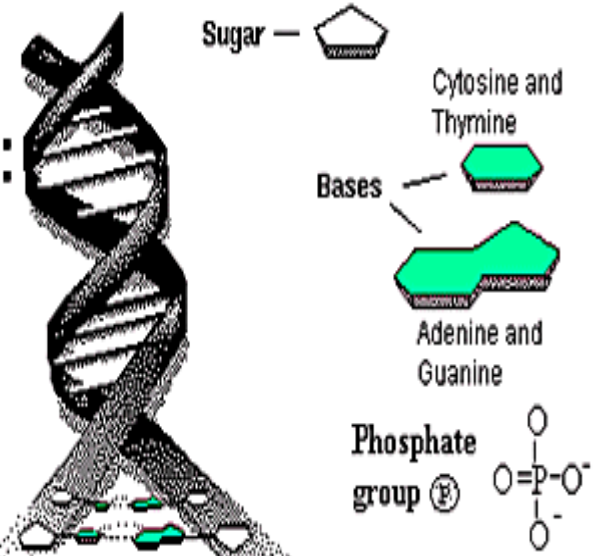
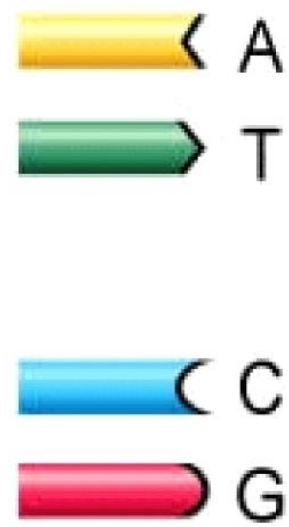
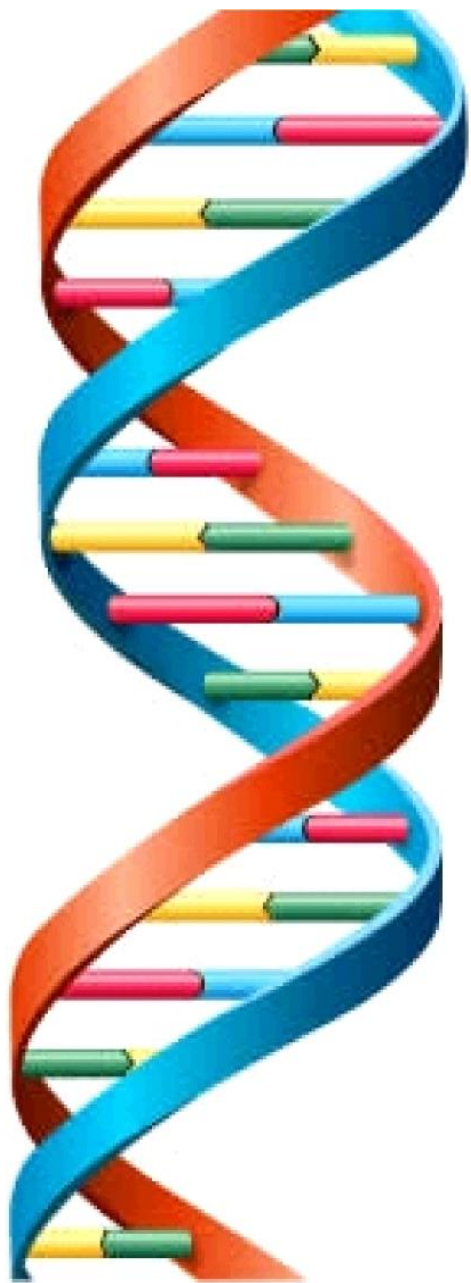


# BRAINPOP!





# DNA Molecule: Two Views

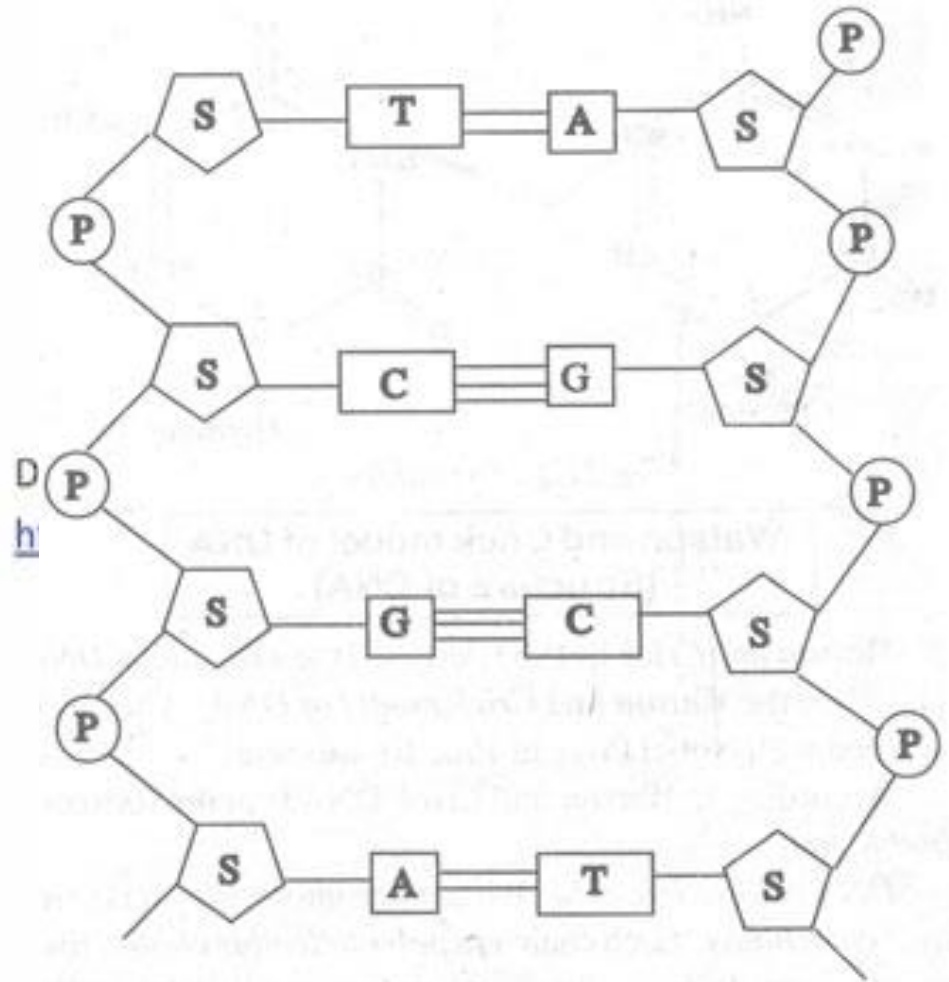
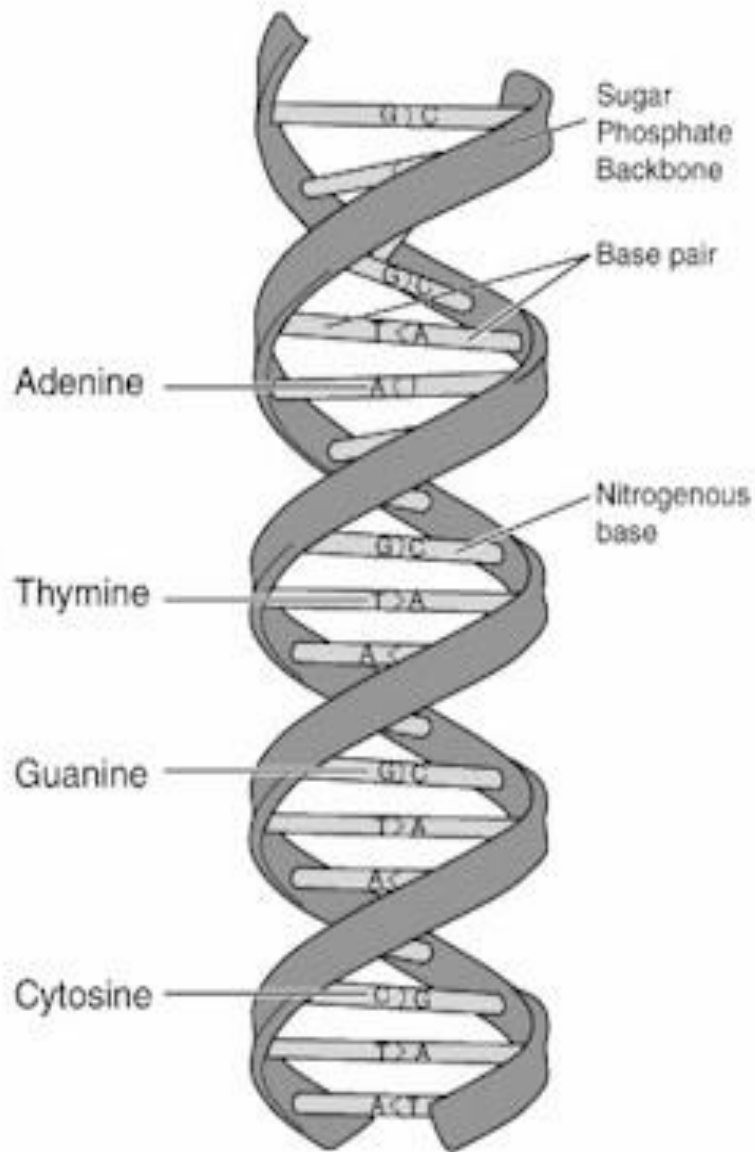


# DNA Song!

(to the tune of “Row, row, row your boat”)

**Oh we love DNA  
made of nucleotides,  
Phosphate, sugar, and a base  
Bonded down the side...**

# Structure of DNA

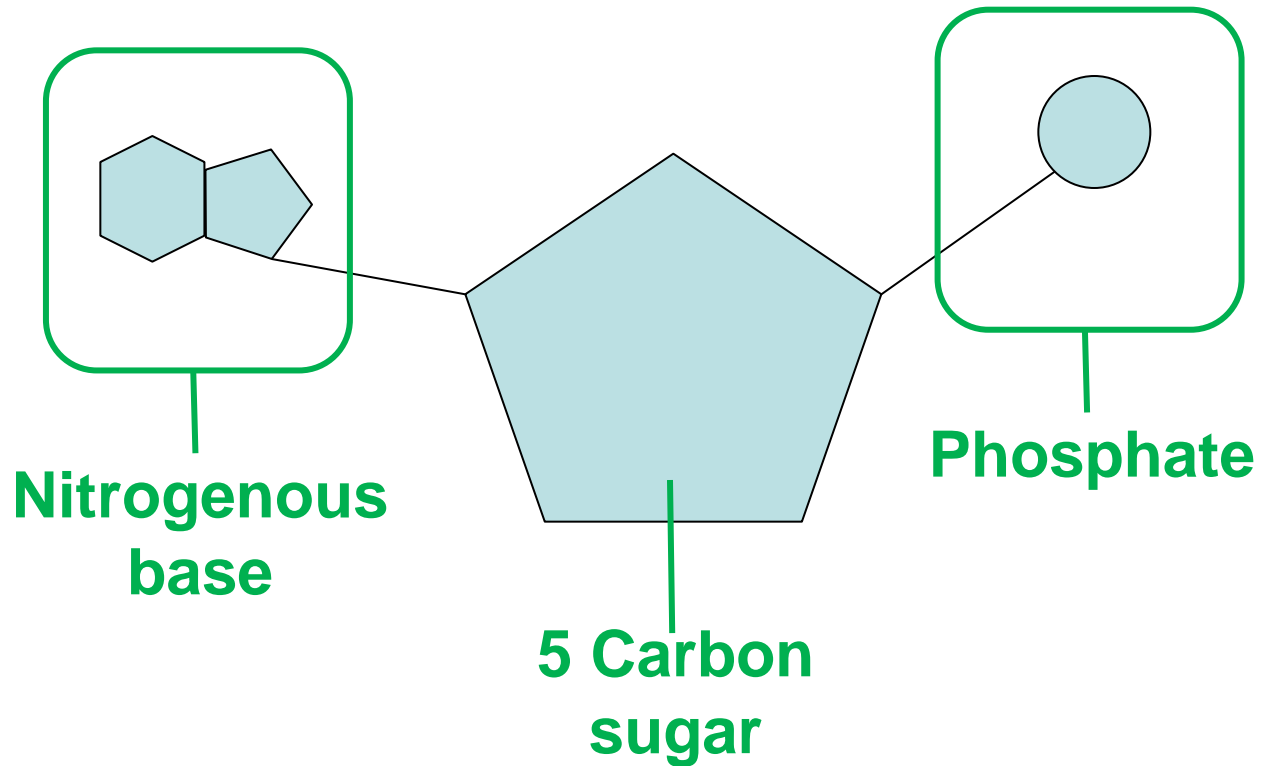


<b>Characteristics</b>	<b>Nucleic Acids</b>
Elements	Carbon, Hydrogen, Oxygen, Nitrogen, Phosphorus
Ratio	None
Building Blocks (Monomers → Polymers)	<p>Nucleotides</p> <p>Each made up of a phosphate, sugar, and nitrogenous base</p>
Functions	<p>Store &amp; transmit genetic information</p> <p>Provides instructions/code to ribosome for building proteins</p>
Examples and Structure	<p>DNA: deoxyribonucleic acid (sugar name = deoxyribose)</p> <p>RNA: ribonucleic acid (sugar name = ribose)</p>

# Nucleic Acids (con't)

Structural  
Diagram

Nucleotide  
(monomer)



# Lesson 7

- Quiz
- Dehydration Synthesis and Hydrolysis

# Review – Organic Compounds

Examine each group of terms. Cross out the one term that does not belong with the others write a name for the group. Use these choices:

proteins   lipids   nucleic acids   carbohydrates

1. Nucleic acids

DNA  
RNA  
genetic code  
ribonucleic acid  
~~energy sources~~

3. Carbohydrates

$C_6H_{12}O_6$   
monosaccharides  
~~glycerol~~  
maltose  
glycogen

2. Proteins

~~galactose~~  
amino acids  
carboxyl group  
 $NH_2$   
polypeptides

4. Lipids

energy reserves  
fatty acids  
 ~~$C_{12}H_{22}O_{11}$~~   
glycerol  
waxes

# Review – Organic Compounds

Determine if the statement is true. If it is not, rewrite the italicized part to make it true.

All organic compounds are compounds that contain *oxy*gen. Carbon and Hydrogen

*Pro*teins are composed of fatty acids and glycerol. Lipids

Carbohydrates usually contain hydrogen and oxygen in a ratio of 2:1

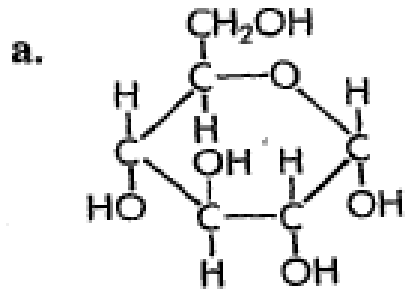
Maltose and sucrose are two examples of *mono*saccharides. Disaccharides

*Lipids* include fats, oils, and waxes. TRUE

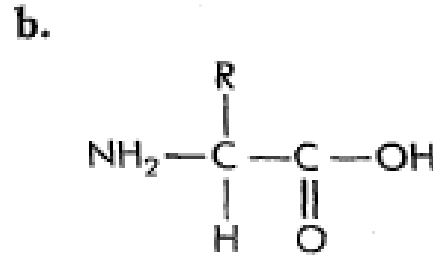


# Review – structural diagrams

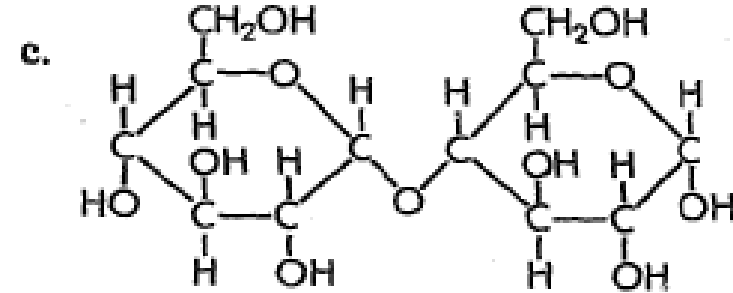
15. Identify the structural formula. Use these choices: *amino acid* *maltose* *glucose*



glucose



amino acid



maltose

amino acid 16. When many are bonded together a protein is formed.

maltose 17. It is a disaccharide with the formula  $C_{12}H_{22}O_{11}$ .

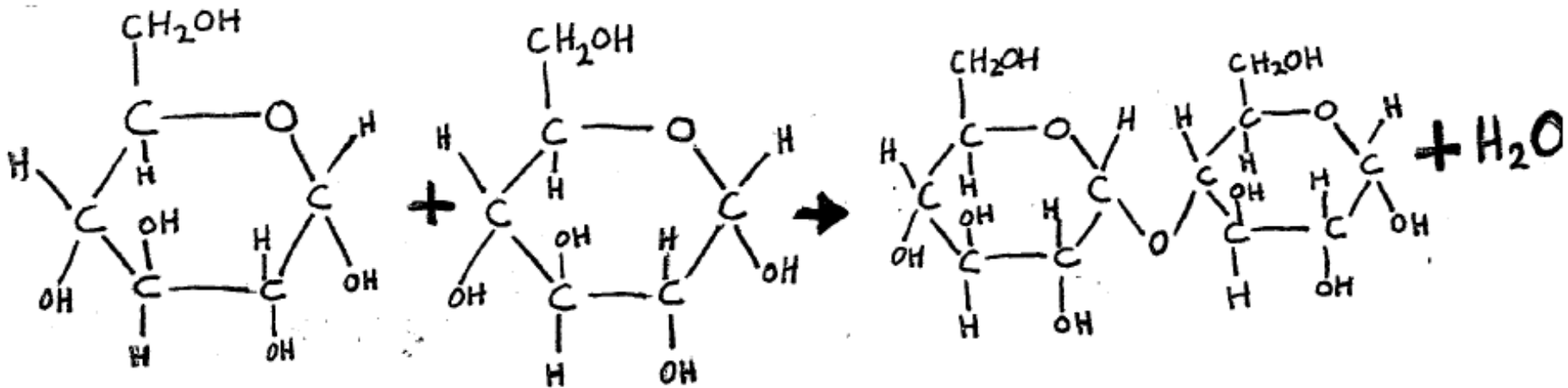
amino acid 19. There are twenty different types of these.

glucose 20. This is a monosaccharide, or simple sugar.

# Dehydration Synthesis

## Definition

- putting small molecules together to build a larger molecule, by removing water



# Hydrolysis

## Definition

- Breaking apart large molecules into smaller building blocks by adding water

**Maltose**  
**(disaccharide)**

+

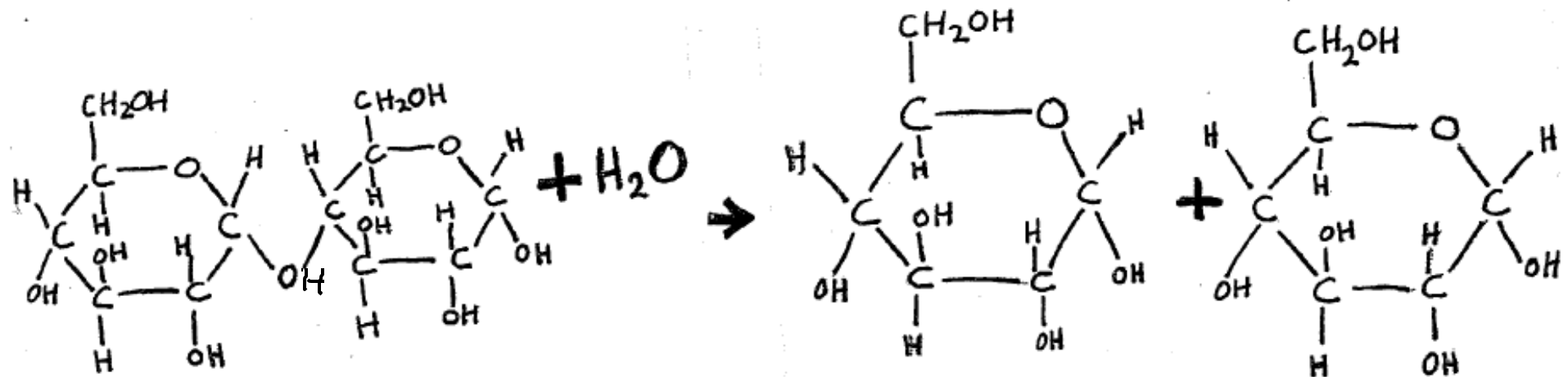
water



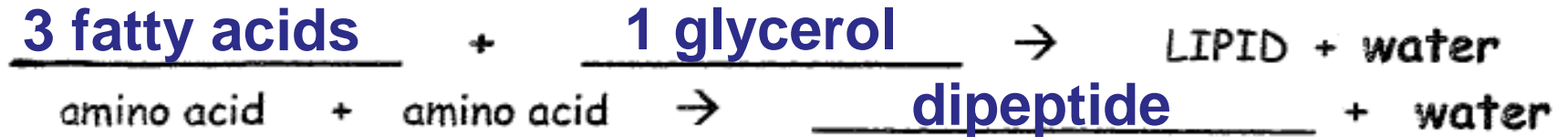
**Glucose**  
**(monosaccharide)**

+

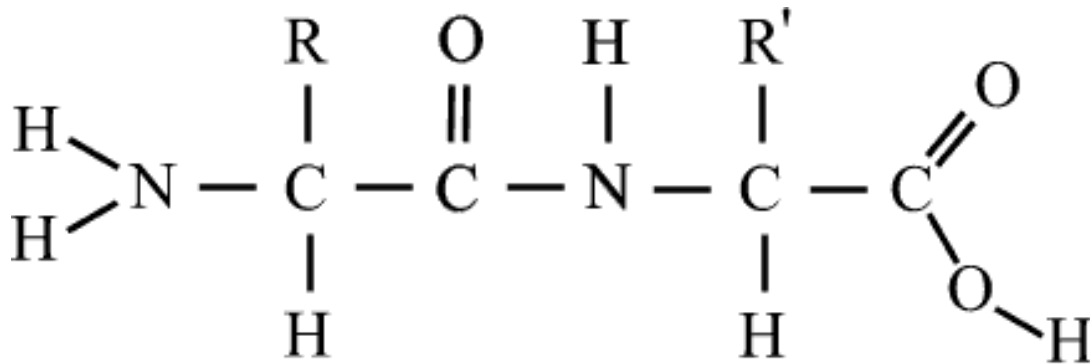
**Glucose**  
**(monosaccharide)**



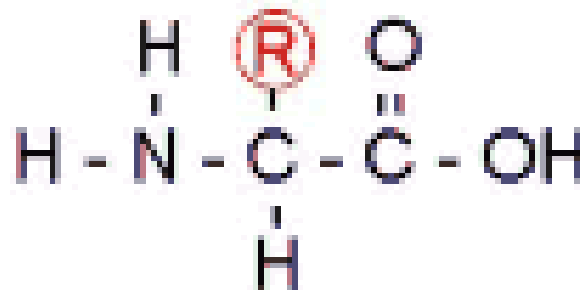
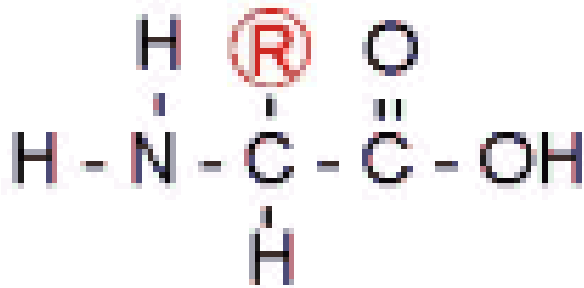
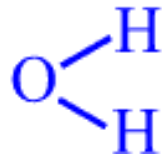
Also applies to other organic compounds:



# Dehydration Synthesis or Hydrolysis?



Hydrolysis!

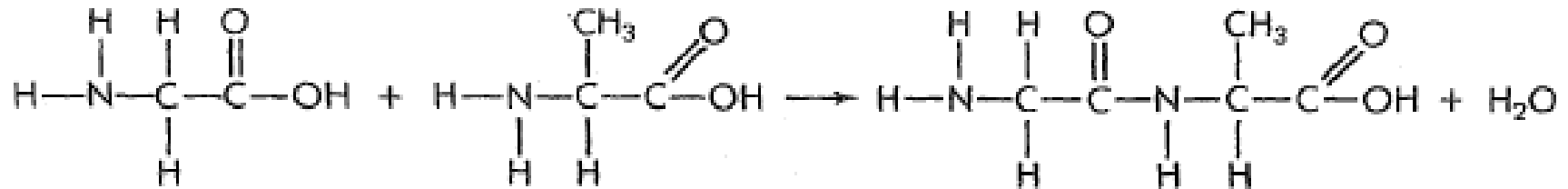


Dehydration  
Synthesis!

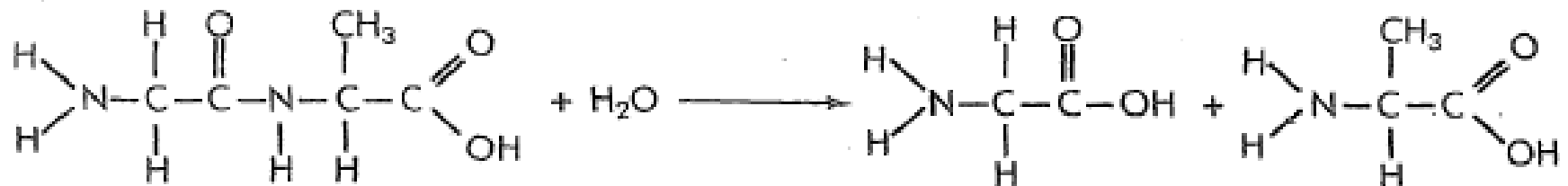
# Dehydration Synthesis & Hydrolysis

Examine the chemical reactions below. Then identify them by placing the letter of the correct reaction, A or B, in front of each phrase below.

## A Dehydration Synthesis



## B Hydrolysis



   **B**

21. hydrolysis

   **A**

22. condensation

   **B**

23. large molecule is broken down into smaller molecules

   **B**

24. involved in the digestion of food

   **A**

25. involves removal of water

   **B**

26. involves addition of water

# Lesson 8

- Enzymes
- Structure & function

# Dehydration Synthesis

# Hydrolysis

1. Builds molecules

2. Small → Large

3. Removes water

4. Water is a product

5. Examples: Protein  
Synthesis and  
Photosynthesis

chemical  
reactions

involve  
water

**Need**  
**ENZYMES**

1. Breaks down molecules

2. Large → Small

3. Adds water

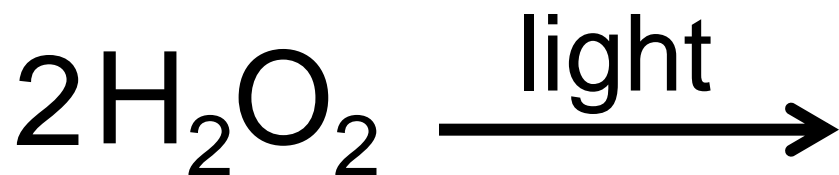
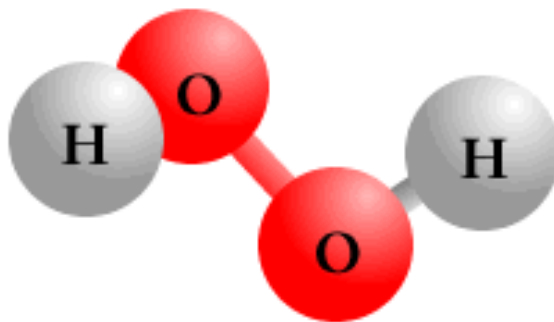
4. Water is a reactant

5. Examples:  
Digestion and Cellular  
Respiration

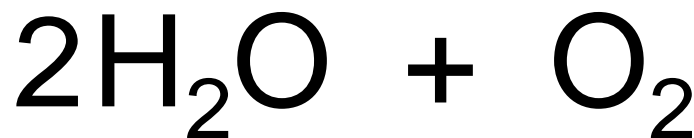
# Chemical Reaction with a Catalyst



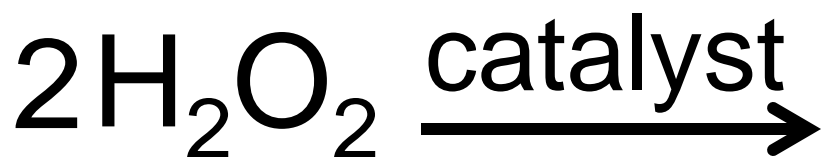
= Hydrogen Peroxide



**very slow reaction!**

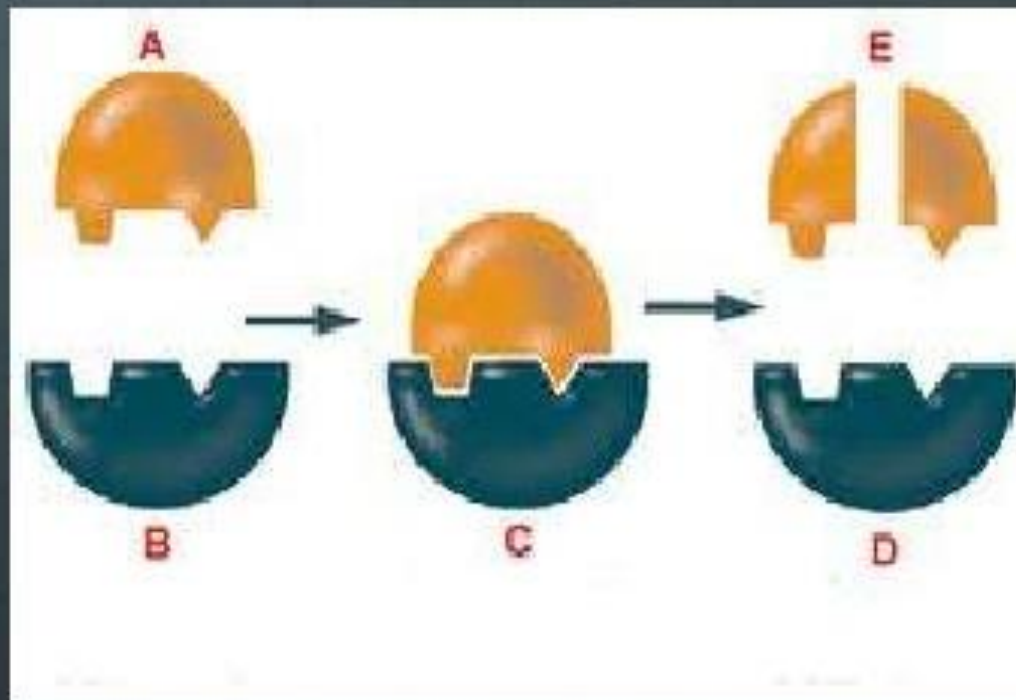


**very fast reaction!**








- Which is the enzyme?
- Which is the substrate?
- What are the reactants?
- What are the products?



# Enzymes - Function

- Enzymes control the rate of chemical reactions in living cells (speed them up!)
- AKA “biological catalysts” or “organic catalysts”
- Needed by ALL living things to perform chemical reactions
- Enzymes are specific to the molecule they act on (the substrate)
- Enzymes can be reused over and over

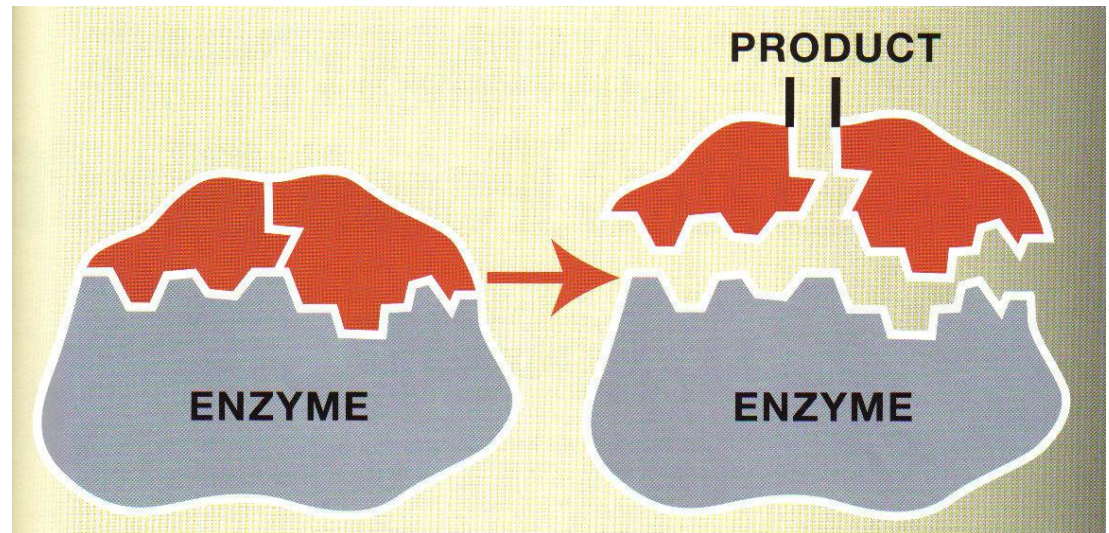
# Enzymes - Structure

- Large complex PROTEIN molecules
- Names usually end in “ase”
  - Ex. Lipids are broken down by lipase
  - Ex. Proteins  protease
  - Ex. Lactose  lactase
  - Ex. Starch  amylase
- Enzymes have a specific shape that only fits with a specific substrate

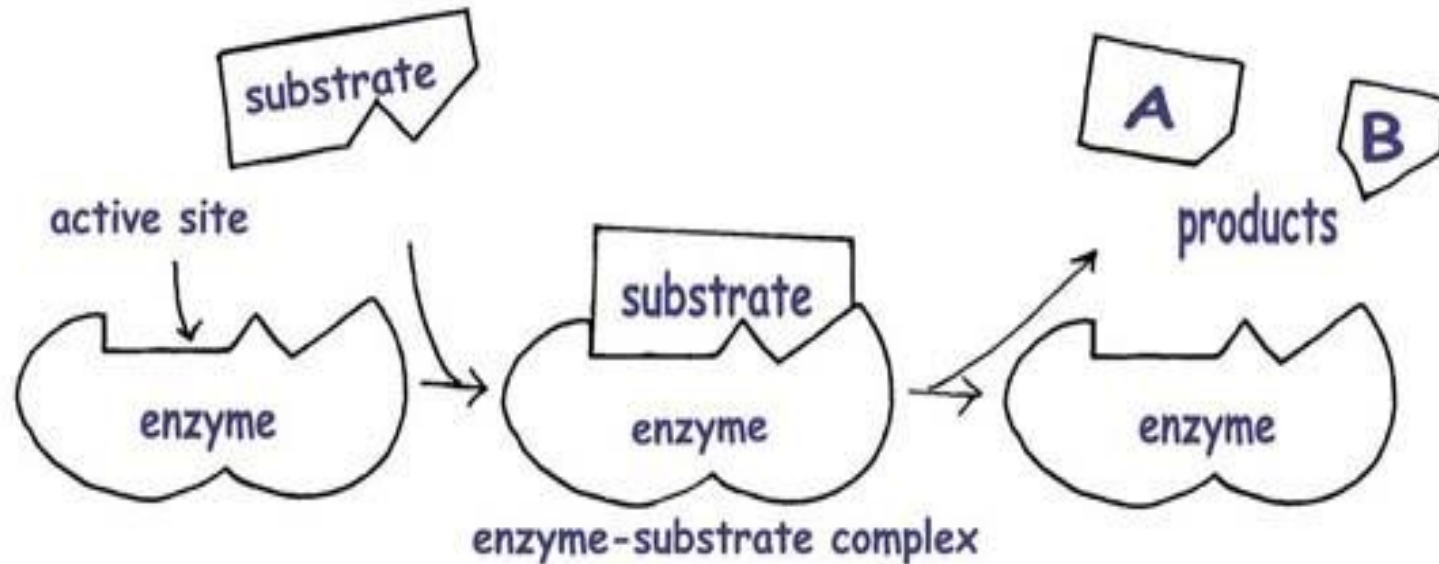
# Enzymes - Structure

Active Site – small area of the enzyme that is involved in the reaction; shape makes the enzyme specific for fitting with its substrate

Enzyme Substrate Complex – formation when substrate is bound to the active site of an enzyme



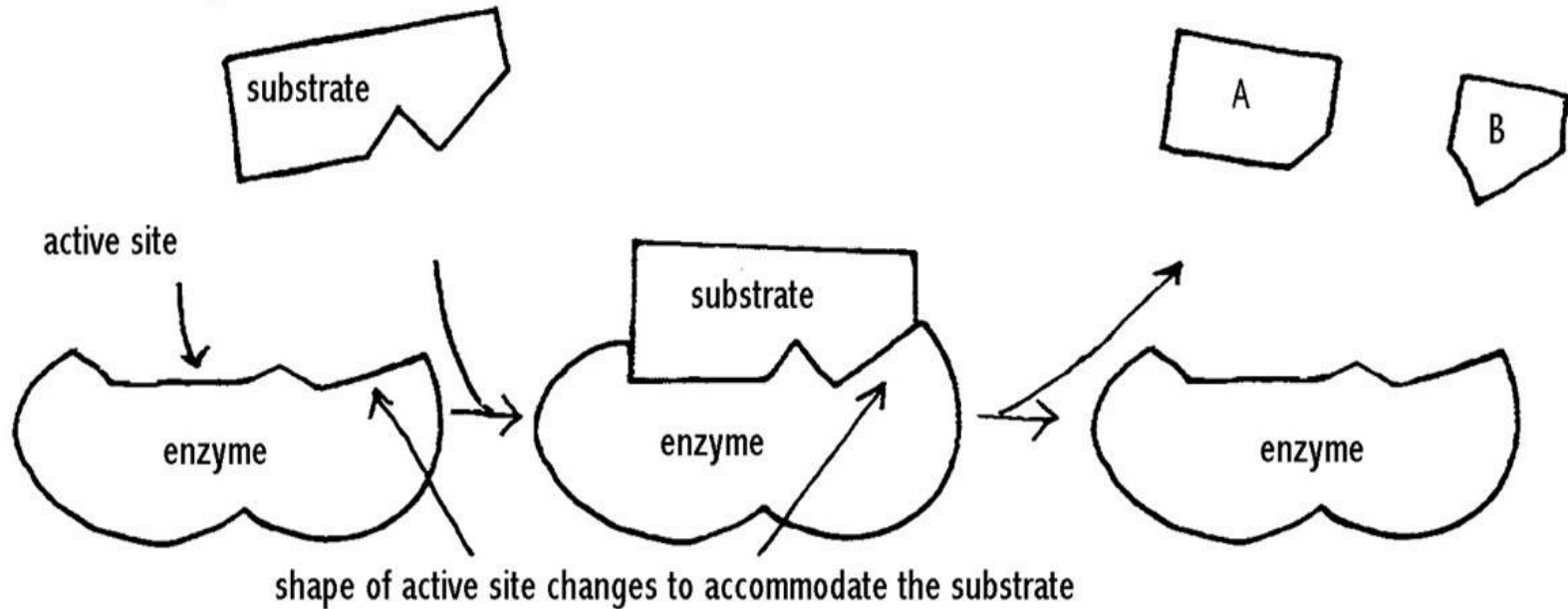
# Models of Enzyme Action



## Lock & Key Model

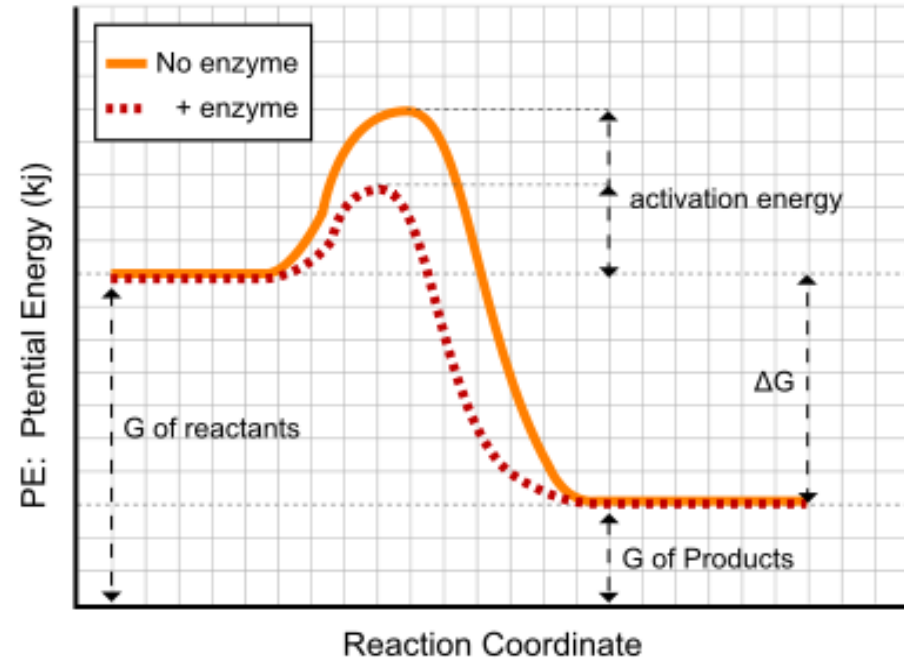
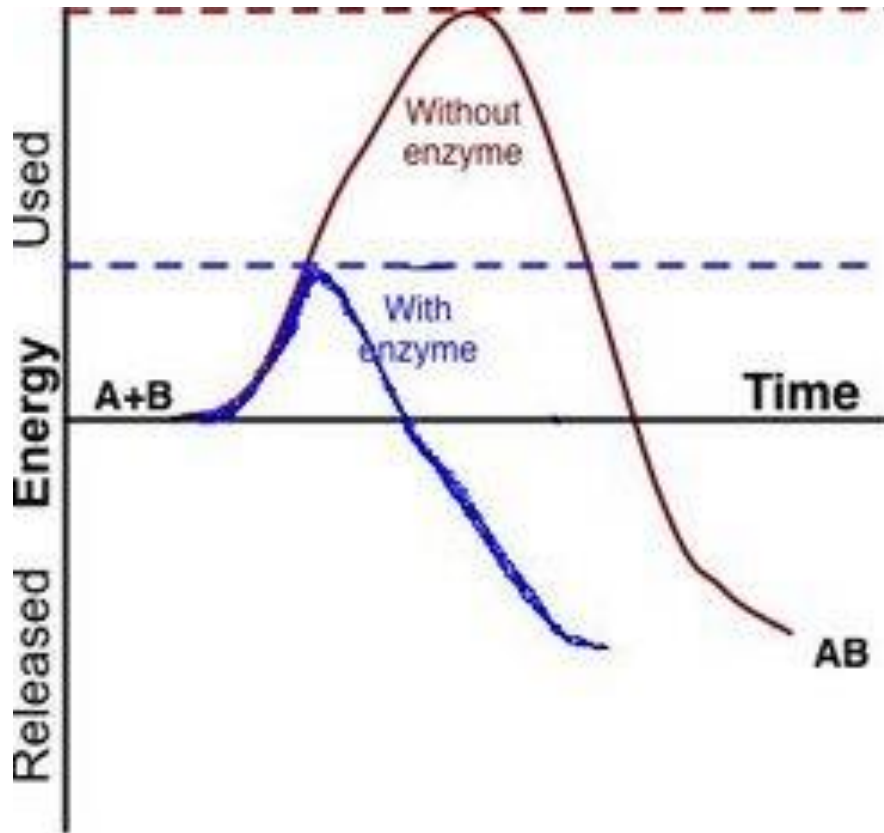
- Only one small part of the enzyme molecule (active site) can form a complex with the substrate
- Only a specific substrate can bond in that site (like only a specific key can open a lock)

# Models of Enzyme Action



## Induced Fit Model

- Proposes that the active site slightly changes its shape to accommodate the substrate perfectly



- Enzymes lower the activation energy needed to make reactions happen, therefore they happen faster

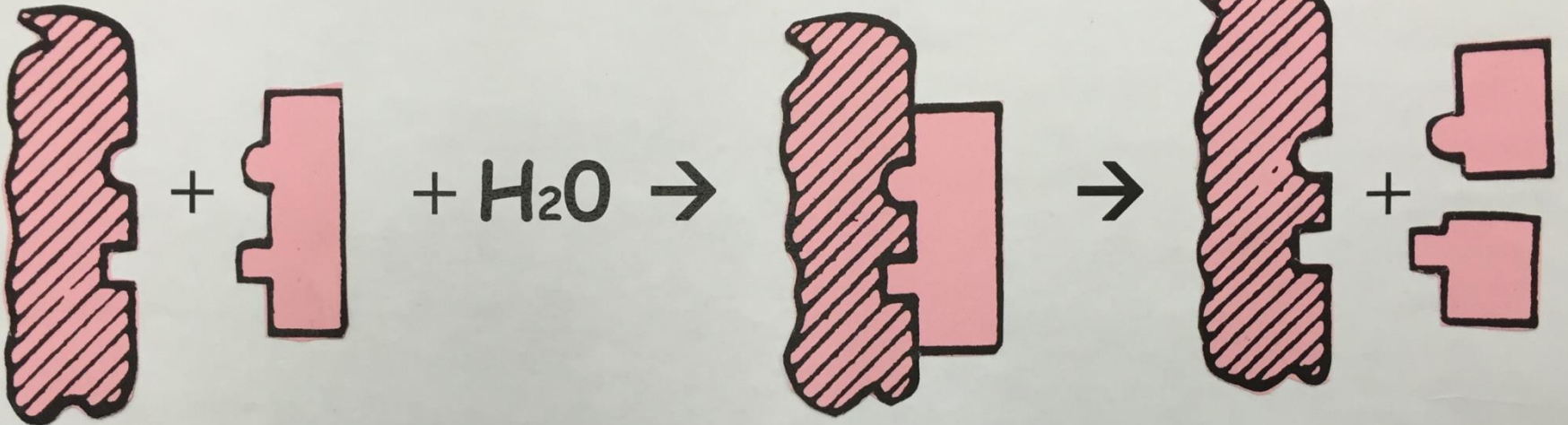
[VIDEO](#)

# Lesson 9 & 10

- Environmental factors affecting rates of enzyme action
- Graphing rates of enzyme action



Hydrolysis



Enzyme

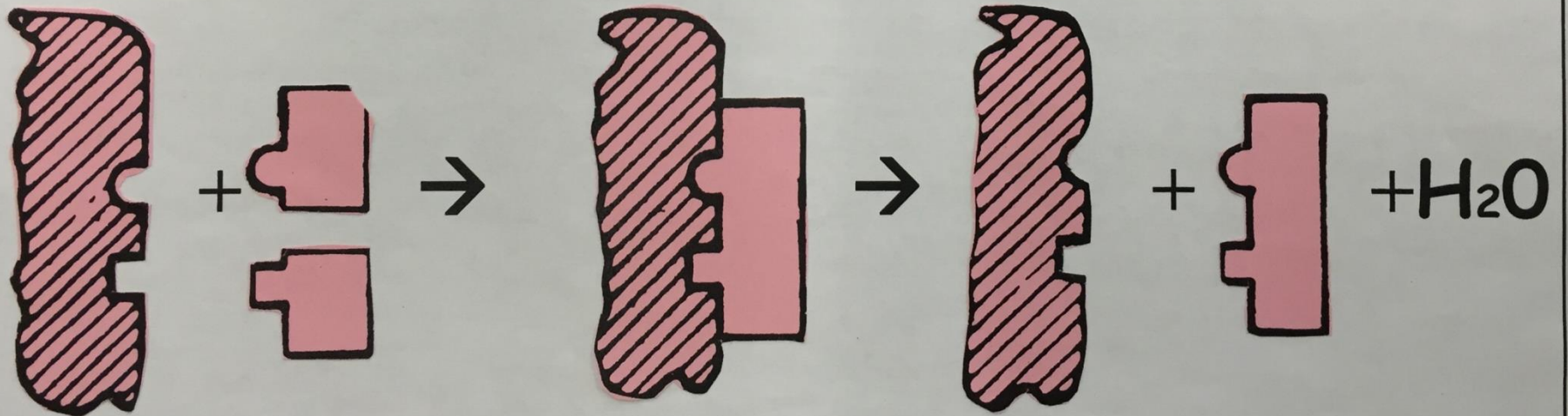
Substrate

Enzyme/  
Substrate Complex

Enzyme

End Products

Dehydration Synthesis



Enzyme

2 Substrates

Enzyme/  
Substrate Complex

Enzyme

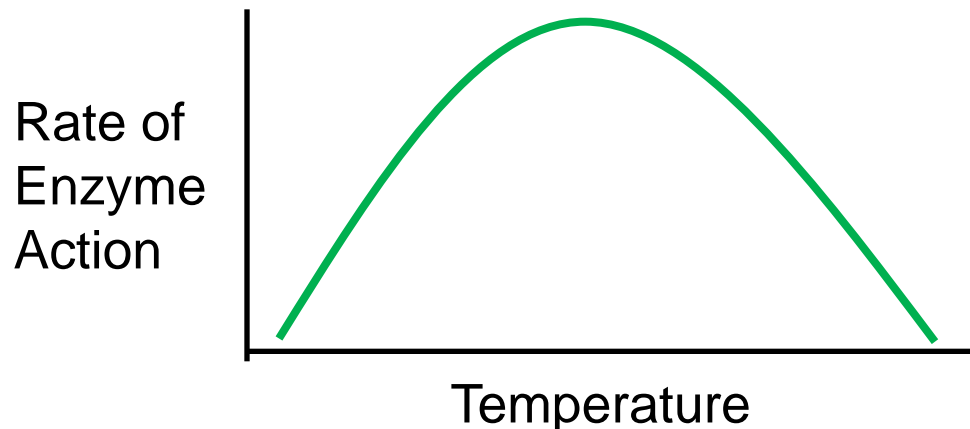
End Product

$+H_2O$

# 3 Factors Affecting Enzyme Rate of Reaction

## 1. Temperature

- Optimum temperature for most enzymes is 37 degrees Celsius (body temperature)
- Below 37 degrees → function slowly
- Above 37 degrees → become misshaped and get destroyed or **denatured** (no longer work)





**Primary protein structure**  
is sequence of a chain of amino acids

Amino Acids



Pleated sheet



Alpha helix

**Secondary protein structure**  
occurs when the sequence of amino acids  
are linked by hydrogen bonds



Pleated sheet

Alpha helix

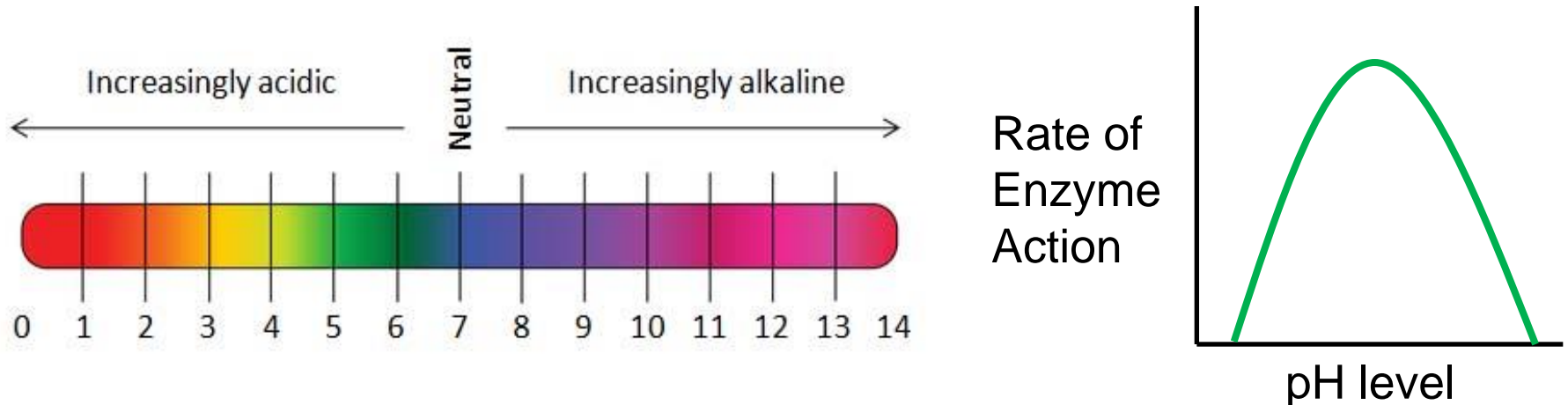
**Tertiary protein structure**  
occurs when certain attractions are present  
between alpha helices and pleated sheets.



**Quaternary protein structure**  
is a protein consisting of more than one  
amino acid chain.

## 2. pH level

- Scale ranging from 0-14 that measures how acidic or alkaline a substance is.
- Enzymes function best at a specific pH level
- Most work best at neutral pH of 7 however, some vary: Ex. Pepsin in stomach = pH 3-4 (acidic)



Note: Each value on the pH scale has 10x more/less of the amount of acidic/alkaline ions as the next number on the scale. **Ex. pH of 2 is 10x stronger of an acid than pH of 3**

### 3. Relative Amounts of Enzyme and Substrate

- More enzyme present increases enzyme activity to a certain point and then levels off
- More substrate present increases enzyme activity to a certain point and then levels off

