## Problem Solving Riddle



# Steps Scientists Use to Solve Problems: 

## THE SCIENTIFIC METHOD!

1. State Problem or question
2. Gather information
3. State a hypothesis
4. Conduct Experiment
5. Observe, collect, \& analyze data
6. State a conclusion
7. Repeat many times

## The Scientific Method

Step 1: Objective (state the problem or question)

Example: Does exercise affect pulse rate?


## Step 2: Gather information

- Study previous research in order to understand how the topic has already been explored



## Step 3: State Your Hypothesis

- Educated testable guess
- Never a question!
- Examples
- Exercise will increase pulse rate.

OR

- If I exercise, then my pulse rate will increase.



## Any Testable Hypothesis is Valuable!

- Why?

- Because even if it is NOT supported by the data, it can still lead to further investigation!


## Step 4: Design \& Conduct the Experiment

- Experimental Group: receives the treatment being tested (ex. participants that DO exercise)
- Control Group:
does NOT receive the treatment tested (may receive a placebo), to be used as a comparison / baseline (ex. Participants that DO NOT exercise)

Two types of variables: (components that CHANGE during the experiment)

1. Independent Variable (X-axis)

The factor that the researcher wants to test!

- ex. Amount of exercise

2. Dependent Variable ( Y -axis)
"depends" on the original variable, is measured during data collection

- ex. Pulse rate

Constants: any factors that

 might affect the results, should be kept the same - ex. age, room temperature, fitness level

## Step 5: Collect \& Organize Data

- Data tables

The Effect of Exercise on Pulse Rate

- Charts
- Graphs

| Pulse rates (beats per min) |  |  |
| :--- | :---: | :---: |
| Trial \# | Resting <br> Group | Exercising <br> Group |
| Trial 1 | 68 | 128 |
| Trial 2 | 72 | 163 |
| Trial 3 | 83 | 145 |
| Trial 4 | 81 | 101 |
| Trial 5 | 75 | 179 |
| Avg. | 75.8 | 143.2 |



## Step 6: Analysis \& Conclusion

- Paragraphs reflecting on the hypothesis and discussing the outcome.

ex. The data did/did not support our hypothesis. The average pulse rates of the participants that exercised were higher, with an average of 143 beats per minute, than those of the resting group with an average of 78 bpm. This could be due to...


## Experiment Validity / Reliability

## Components of a Valid Experiment:

- Many trials
- Large sample size

- A control group (most, not all can)
- Other researchers are able to repeat it!
- Only tests 1 independent variable at a time (everything else remains constant!)

Provide more data so averages are less influenced by outliers


## Skittles Experiment

 Problem: How many of each color Skittle are in each bag?Gather Information:
Read the back for info, feel and count through the bag, look at the colors on the bag

Hypothesis
There are...
__red Skittles green Skittles...

## What was missing from this experiment???

- Sample size too small! / not enough trials
- No Independent variable
- No control group (more of a 'study' than an experiment)


## How does a hypothesis become a theory?

## Theory

- a well accepted body of knowledge that has been supported by many experiments over time



## How does a theory

## become a scientific law?

## Scientific Law

- Always true all the time
- No exceptions
- Very rare


It's not just a good idea. It's the Law.


